Saint George Antiochian Orthodox Cathedral
Sunday, April 2, 2023

The Weekly Bulletin

كاتدرائية القدِّيس جاورجيوس لِلروم الأُرثوذكس
الأحد ٢ نيسان ٢٠٢٣

النّشْرَةُ الأُسْبُوعِيَّةُ

FIFTH SUNDAY OF GREAT LENT

الأحد الخامس من الصوم العظيم

"The disciples were first called Christians in Antioch." Acts 11:26

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

The Orthodox Christian Faith proclaims the **Gospel of Jesus Christ**, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the **One, Holy, Catholic (Universal)**, and **Apostolic Church** that has maintained, throughout the ages, a continuity of faith and love with the apostolic community–founded in **God the Father**, through **Jesus Christ**, and sustained by the **Holy Spirit. Visitor(s)**, please feel at home in prayer and worship. Only those practicing Orthodox Christians who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

Cathedral Administrative and Organizational Body

His Beatitude John X, *Patriarch*
Antioch and All East
The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*
Diocese of Miami and the Southeast
Very Reverend Father Paul R. Solberg, *Cathedral Dean*

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Sdn. Hanna Soufia
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Yamil Zacur, *Lead Usher*
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Said Elhaj

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

CHANGES IN THE DIVINE LITURGY
تغييرات في القدَّاس

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this *Weekly Bulletin* for the changes in today's Divine Liturgy (SEE BELOW).

~ During the Little Entrance ~

Apolytikion of the Resurrection (Tone One)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

إنَّ الحجَرَ لمَّا خُتِمَ مِنَ اليَهود، وجسَدَكَ الطاهِرَ حُفِظَ مِنَ الجُنْدِ، قُمْتَ في اليَوْمِ الثالِثِ أيُّها المُخَلِّصُ، مانِحاً العالَمَ الحياة. لِذلِكَ قُوّاتُ السَّماوات، هتَفُوا إليكَ يا واهِبَ الحياة: المَجْدُ لِقِيامَتِكَ أيُّها المَسيحُ، المَجْدُ لِمُلْكِكَ، المَجْدُ لِتَدْبيرِك، يا مُحِبَّ البَشَرِ وَحْدَك.

The Entrance Hymn for Ordinary Sundays (Tone Two)

O come, let us worship and fall down before Christ, our King and our God. ***Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.***

عِنْدَما انْحَدَرْتَ إلى المَوْت، أيُّها الحَياةُ الذي لا يموت، حينئذٍ أمَتَّ الجَحيمَ بِبَرْقِ لاهوتِك. وعِنْدَما أقَمْتَ الأمْواتَ مِنْ تَحْتِ الثَّرى، صَرَخَ نَحْوَكَ جَميعُ القُوَّاتِ السَّماوِيين: أيُّها المسيحُ الإله، مُعْطي الحَياةِ المَجْدُ لك.

~ After the Little Entrance ~

Apolytikion of the Resurrection (Tone One)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

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Apolytikion of the St. Mary (Tone Eight)

Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

بِـكِ حُفِظَـتْ صـورَةُ خَلْقِنـا بِدِقَّـةٍ أيَّتُهـا الأمُّ مَرْيَـم، فإنَّـكِ حَمَلْـتِ الصَّليـبَ وتَبِعْـتِ المَسـيحَ، وعَمِلْـتِ وعَلَّمْـتِ أنْ يُتَغـاضى عَـنِ الجَسَـدِ لأنَّـهُ زائـلٌ، وأنْ يُعْنـى بالنَّفْـسِ غـيرِ المائِتَـة. لِذلِـكَ تَبتَهِـجُ روحُـكِ مَـعَ المَلائِكـة.

Apolytikion of St. George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls.

بمـا أنَّـكَ للمأسُـورينَ مُحَـررٌ ومُعتِـقٌ، وللفُقَـراءِ والمَسَـاكينِ عاضِـدٌ ونَـاصِرٌ وللمَـرضَى طبيـبٌ وشَـافٍ وعـنِ المؤمِنـينَ مُكافِـحٌ ومُحَـارِبٌ أيهـا العظيـمُ في الشُـهداءِ جاورجيـوسُ اللآبِـسُ الظَفَـر تَشَـفَّع إلى المسـيحِ الإلـهِ في خَـلاصِ نُفُوسِـنا.

Ordinary Kontakion (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يـا شَـفيعَةَ المَسـيحيينَ غَـيْرَ الخازِيَـة، الوَسـيطَةَ لَـدَى الخالِـقِ غَـيْرَ المَـرْذُودة، لا تُعْـرِضِي عَـنْ أصـواتِ طَلِبَاتِنـا نحـنُ الخَطَـأَة، بَـلْ تَدارَكينـا بالمَعونَـةِ بِمـا أنَّـكِ صالِحَـة، نحْـنُ الصارِخِـينَ إليْـكِ بإيمـانٍ: بـادِرِي إلَى الشـفاعَةِ وأسرِعِـي في الطِلْبَـةِ، يـا والـدةَ الإلَـه، المُتَشَّـفِعَةَ دائِمًـا بِمُكَرِّمِيـكِ.

Make your vows and pay them to the Lord our God.
God is known in Judaea. His Name is great in Israel.

The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)

Brethren, Christ having appeared a High Priest of the good things to come, through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; neither through the blood of goats and calves, but through His own blood, entered in once for all into the holy place, having found eternal redemption. For if the sprinkling of defiled persons with the blood of bulls and goats and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

صَلُّوا وأوْفُوا الرَّبَّ إلهَنَا نُذُورَكُم.
اللهُ مَعْروفٌ في أَرْضِ يَهوذا. إسْمُهُ عَظيمٌ في إسْرائيلَ.
فَصْلٌ مِنْ رِسالَةِ القِدّيسِ بولُسَ الرَّسولِ إلى العِبْرانِيين.

يا إخْوَةُ، إنَّ المَسيحَ إذْ قَدْ جاءَ رئيسَ كَهَنَةٍ لِلْخيْراتِ المُسْتَقْبَلَةِ، فَبِمَسْكَنٍ أَعْظَمَ وأكْمَلَ غيرِ مَصْنوعٍ بِأَيْدٍ، أيْ لَيْسَ مِنْ هذِهِ الخليقة. ولَيْسَ بِدَمِ تُيُوسٍ وَعُجُولٍ بَلْ بِدَمِ نَفْسِهِ دَخَلَ الأقداسَ مَرَّةً واحِدَةً فَوَجَدَ فِداءً أَبَدِيّاً. لأنَهُ إنْ كانَ دَمُ ثيرانٍ وتُيُوسٍ ورَمَادُ عِجْلَةٍ يُرَشُّ على الْمُنَجَّسِينَ فَيُقَدِّسُهُمْ لِتطْهيرِ الجَسَدِ* فَكَمْ بِالأحْرَى دَمُ المَسيحِ، الذي بالروحِ الأزَلِيِّ قَرَّبَ نفْسَهُ للهِ بِلا عيْبٍ، يُطَهِّرُ ضَمائِرَكُمْ مِنَ الأعْمالِ الْمَيِّتَةِ لِتَعْبُدُوا اللهَ الْحَيّ.

THE GOSPEL
FOR THE FIFTH SUNDAY OF LENT

الإنجيل
الأحد الخامس من الصوم

The Reading from the Holy Gospel according to St. Mark (10:32-45)

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldest do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

فَصْلٌ شَريفٌ مِنْ بِشارَةِ القِديسِ مَرْقُسَ الإنْجيليِّ البَشيرِ والتلميذِ الطاهِر.

في ذلكَ الزمانِ، أخذَ يسوعُ تلاميذَهُ الإثْنَي عَشَرَ وابْتَدَأَ يَقولُ لَهُمْ ما سَيَعْرِضُ لَهُ. "هُوَذا نَحْنُ صاعِدونَ إلى أورَشَليمَ، وابْنُ البَشَرِ سَيُسْلَمُ إلى رؤساءِ الكَهَنَةِ والكَتَبَةِ، فَيَحْكُمونَ عَلَيْهِ بالمَوْتِ ويُسْلِمونَهُ إلى الأُمَمِ. فَيَهْزَأُونَ بِهِ، ويَبْصُقُونَ عَلَيْهِ، ويَجْلِدونَهُ، ويَقْتُلونَهُ، وفي اليَوْمِ الثالِثِ يَقومُ." فَدَنا إليهِ يَعْقوبُ ويوحَنَّا ابْنا زَبَدَى قائِلَيْنِ: "يا مُعلِّمُ، نُريدُ أَنْ تَصْنَعَ لَنا مَهْمَا طَلَبْنا." فقالَ لَهُما: "ماذا تُريدانِ أَنْ أَصْنَعَ لَكُما؟" قالا لَهُ: "أَعْطِنا أَنْ يَجْلِسَ أَحَدُنا عَنْ يَمينِكَ والآخَرُ عَنْ يَسارِكَ في مَجدِكَ." فَقالَ لَهُما يَسوعُ: "إنَّكُما لا تَعْلَمانِ ما تَطْلُبانِ. أَتَسْتَطيعانِ أَنْ تَشْرَبا الكَأْسَ التي أَشْرَبُها أنا، وأَنْ تَصْطَبِغا بالصِبْغَةِ التي أَصْطَبِغُ بِها أنا؟" فَقالا لَهُ: "نَسْتَطيع". فَقالَ لَهُما يَسوعُ: "أمَّا الكَأْسُ التي أَشْرَبُها فَتَشْرَبانِها، وبالصِبْغَةِ التي أَصْطَبِغُ بِها فَتَصْطَبِغانِ. وأَمّا جُلوسُكُما عَنْ يَميني وَعَنْ يَساري فَلَيْسَ لي أَنْ أُعْطِيَهُ إلّا لِلذينَ أُعِدَّ لَهُمْ." فَلَمَّا سَمِعَ العَشَرَةُ، ابْتَدأُوا يَغْضَبُونَ على يَعْقوبَ ويوحَنَّا. فَدَعاهُمْ يَسوعُ، وقالَ لَهُمْ: "قَدْ عَلِمْتُمْ أَنَّ الذينَ يُحْسَبونَ رُؤساءَ الأُمَمِ يَسودونَهُمْ، وعُظَماءَهُمْ يَتَسَلَّطونَ عَلَيْهِمْ. وأَمّا أَنْتُمْ فَلا يَكونُ فيكُمْ هَكَذا. ولَكِنْ مَنْ أَرادَ أَنْ يَكونَ فيكُمْ كَبيراً، فَلْيَكُنْ لَكُمْ خادِماً. ومَنْ أرادَ أَنْ يَكونَ فيكُمْ أَوَّلَ، فَلْيَكُنْ لِلْجَميعِ عَبْداً. فإنَّ ابْنَ البَشَرِ لَمْ يَأْتِ لِيُخْدَمَ بَلْ لِيَخْدِمَ، ولِيَبْذُلَ نَفْسَهُ فِداءً عَنْ كَثيرينَ".

The Synaxarion

On April 2 in the Holy Orthodox Church, we celebrate **St. Mary of Egypt.**

She began her life as a young woman who followed the passions of the body, running away from her parents at age twelve for Alexandria. There she lived as a harlot for seventeen years, refusing money from the men that she copulated with, instead living by begging and spinning flax.

One day, however, she met a group of young men heading toward the sea to sail to Jerusalem for the veneration of the Holy Cross. Mary went along for the ride, seducing the men as they traveled for the fun of it. But when the group reached Jerusalem and actually went towards the church, Mary was prohibited from entering by an unseen force.

After three such attempts, she remained outside on the church patio, where she looked up and saw an icon of the Theotokos. She began to weep and prayed with all her might that the Theotokos might allow her to see the True Cross; afterwards, she promised, she would renounce her worldly desires and go wherever the Theotokos may lead her.

After this heart-felt conversion at the doors of the church, she fled into the desert to live as an ascetic. She survived for years on only three loaves of bread and thereafter on scarce herbs of the land. For another seventeen years, Mary was tormented by "wild beasts—mad desires and passions." After these years of temptation, however, she overcame the passions and was led by the Theotokos in all things.

Following 47 years in solitude, she met the priest St. Zosima in the desert, who pleaded with her to tell him of her life. She recounted her story with great humility while also demonstrating her gift of clairvoyance; she knew who Zosima was and his life story despite never having met him before. Finally, she asked Zosima to meet her again the following year at sunset on Holy Thursday by the banks of the Jordan.

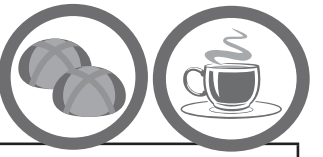
Zosima did exactly this, though he began to doubt his experience as the sun began to set that night. Then Mary appeared on the opposite side of the Jordan; crossing herself, she miraculously walked across the water and met Zosima. When he attempted to bow, she rebuked him, saying that as a priest he was far superior, and furthermore, he was holding the Holy Mysteries. Mary then received communion and walked back across the Jordan after giving Zosima instructions about his monastery and that he should return to where they first met exactly a year later. When he did so, he found Mary's body with a message written on the sand asking him for burial and revealing that she had died immediately after receiving the Holy Mysteries the year before (and thus had been miraculously transported to the spot where she now lay). So Zosima, amazed, began to dig, but soon tired; then a lion approached and began to help him, that is, after Zosima had recovered from his fear of the creature. Thus St. Mary of Egypt was buried. Zosima returned to the monastery, told all he had seen, and improved the faults of the monks and abbot there. He died at almost a hundred years old in the same monastery.

TODAY

April 2, 2023

EPISTLE READER

English: Vladimir Kostik
Arabic: Tony Zammar



HOLY BREAD OFFERING

TODAY April 2	Suhel and Najwa Turjman For the good health of their family
April 9 Palm Sunday	Suhel and Najwa Turjman For the good health of their family George and Widaa Khoury For the good health of their family Osama and Nadia Jahjah In loving memory of Charly, Georgette and Fuad Istiban
April 16 Easter	Nasser & Tania Soufia and Family, Joudeh & Muna Ghawali and family, & Jackie Barakat-Wanna and Family For the good health of Noura Soufia on the occasion of her birthday and In Loving Memory of Maurice and Joan Barakat Suhel and Najwa Turjman For the good health of their family
April 23	Youssef and Reem Yazji For the good health of their family

COFFEE HOUR SPONSOR

TODAY April 2	AMEN Luncheon
April 9 Palm Sunday	Osama and Nadia Jahjah In loving memory of Charly, Georgette and Fuad Istiban
April 16 Easter	Nasser & Tania Soufia and Family, Joudeh & Muna Ghawali and family, & Jackie Barakat-Wanna and Family For the good health of Noura Soufia on the occasion of her birthday and In Loving Memory of Maurice and Joan Barakat
April 23	Youssef and Reem Yazji For the good health of their family

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.

ALTAR VIGIL CANDLE

The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).

April	Mouna Dahlan & Family, Mabardi Family Shamasseh Pat Nimer In memory of +Archdeacon David Nimer

PRAYER LIST

Prayer List of the Living	Prayer List of the +Departed
Suhel and Najwa Turjman and family; Mouna and Laura Dahlan; Wadia, Maha, Nicholas, Nicole Mabardi; Shammaseh Pat Nimer and the Nimer & Ameen Families; Paula Bardawil; Nelly; Matilda Rubeiz; Carol Bardawil: Hala Massini; Dr. Elias Shaheen; Naya Sesin; Cathy and Logan Ruff; Tabte, Jamal, and Mona Habib; Souad Nahas; Laila Soufia; Jeanette Haddad-Stern; Elsa Merino; Roger Nimer, The Entire Sayfie Family; Aregash Gebriel, Susan Panayotti Elias, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Jean Joseph, Martha Alfonso, Kiwan Khoury; Najat Zacur, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan; Amal Jumean; Dr. George Bikhazi;	+Archdeacon David Nimer +Donna Nimer +Ibrahim Khoury +Dr. Eugene Sayfie +Dr. Maurice Bardawil +Emile Farah +Kareem Zakharia +William Bardawil +Sean Nicholas O'Brien +Michel Husson +Michael Dahlan +Samira Abou Rjaily +George Chukrallah Habib +Jorge Diab Zacur +Mary Bikhazi

Cathedral Calendar

Today	Orthros (Matins)	9:15 a.m.
	Divine Liturgy	10:30 a.m.
Today	Sunday School Classes	following Divine Liturgy
Today	AMEN Luncheon	following Divine Liturgy
Today	AW General Meeting	1:00 p.m.
Saturday	AW Baking	9:00 a.m.

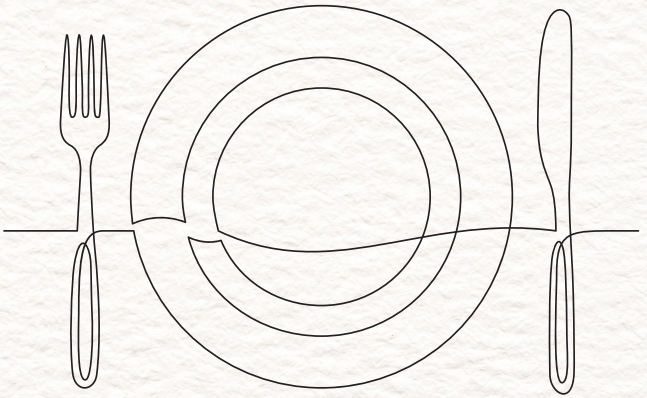
Save the Date!

Palm Sunday	April 9
Great and Holy PASCHA (Easter)	April 16
Patronal Feast of Saint George	April 23
OSIA Annual Golf Outing	April 29
Diocese of Miami Parish Life Conference, Miami, FL	June 14-17
Saint George Cathedral's 70th Anniversary Celebration	June 17
2023 Archdiocese Convention Phoenix, AZ	July 23-30

70TH ANNIVERSARY CELEBRATION – June 17 - Embassy Suites Hotel, Miami
Coming Soon - Exciting information about this amazing milestone in the life of the Cathedral!

Saint George Cathedral
ANTIOCHIAN MEN

AMEN LUNCHEON



TODAY, Sunday, April 2, 2023

Hummus & Falafel Lunch After Liturgy

$10 / Person

Support the Antiochian Men

320 Palermo Ave, Coral Gables, FL 33134

305-444-6541

GREAT LENT AND HOLY WEEK 2023 (February 27 – April 15)

The Lenten fasting discipline commences after Forgiveness Vespers on March 6 and concludes with the breaking of the fast at Pascha on April 16. In general, the fasting rules during Great Lent and Holy Week are as follows:

WEEKDAYS (Monday – Friday) are observed as *Strict Fast Days*. On these days we abstain from meat, dairy, fish with backbones, fowl, wine and oil.

WEEKENDS (Saturday and Sunday) are observed as *Wine and Oil Days*. On these days the fast is relaxed to permit wine and olive oil.

In addition, two special feast days that fall during this period – ***Annunciation*** (**March 25**) and ***Palm Sunday*** (**April 9**, this year) – are kept as *Fish, Wine, and Oil Days*. On these days the fast is relaxed to permit fish with backbones, in addition to wine and olive oil.

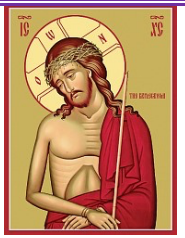
There are certain days of the Holy Week cycle that have special fasting rules.

- ***Great and Holy Thursday*** (**April 13**, this year) is observed as a *Wine and Oil Day* due to the commemoration of the institution of the Eucharist.
- ***Great and Holy Saturday*** (**April 15**, this year) is observed as a *Strict Fast Day* – the only Saturday of the year kept as a strict fast; however, wine (but not oil) is permitted.

Additional Notes:

1. Meals portions should be smaller than usual.
2. Fasting on the weekdays of the first week of Great Lent is especially severe. The strictest observance would be to take only 2 meals during this week – 1 on Wednesday evening and 1 on Friday evening after the services scheduled for those nights – keeping Clean Monday, Tuesday, and Thursday as absolute fasts (i.e., no food whatsoever). ***For many this is impracticable.*** A good starting place to work towards the strict observance is to keep the first day of Great Lent, Clean Monday, as an absolute fast and to limit meals on the other days.
3. It is a pious practice to observe Great and Holy Friday as an absolute fast. If one does not have the strength to do this, it is good to abstain from food until after venerating the epitaphios (winding sheet) during Vespers on this day.
4. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
5. Generally speaking, beginners plus children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

Please consult me before you attempt to strictly follow the fasting guidelines. Fasting is an ideal for which we should strive, but it is not end in itself. Becoming like Jesus is our ultimate goal.

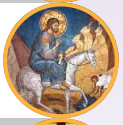


2023 Great Lent and Holy Week Services

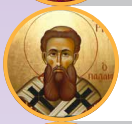
٢٠٢٣ الصيام العظيم
وخدمات الأسبوع المقدس

March 20	٢٠ اذار	Monday: Great Compline Service الاثنين: صلأة النوم الكبرى	7:00pm	مساء
March 22	٢٢ اذار	Wednesday: Presanctified Liturgy الأربعاء: خدمه القداس السابق تقديسه	7:00pm	مساء
March 24	٢٤ اذار	Friday: Great Vespers with Forth Stasis of Akathist Hymn w/Potluck Dinner and Lenten Retreat صلاة الغروب مع مديح الركود الرابع – اعتزال روحي.	7:00pm	مساء
March 25	٢٥ اذار	Saturday: Festal Orthros and Festival Divine Liturgy. القداس الإلهي لعيد البشارة (Annunciation to the Most Holy Theotokos) followed by Lenten Retreat Great Vespers Service followed by Lenten Retreat. صلاة الغروب – اعتزال روحي	9:15 am 5:00pm	صباحا مساء
March 26	٢٦ اذار	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداس الإلهي	9:15am	صباحا
March 27	٢٧ اذار	Monday: Great Compline Service الاثنين: صلأة النوم الكبرى	7:00pm	مساء
March 29	٢٩ اذار	Wednesday: Little Compline with Full Great Canon of Repentance by St. Andrew of Crete and the Life of St. Mary of Egypt صلاة النوم الصغرى مع القديس اندراوس الكريتي والقديسة مريم المصرية.	7:00pm	مساء
March 31	٣١ اذار	Friday: 5th Akathist (Madayeh) w/Potluck Dinner صلاة المديح الخامسة.	7:00pm	مساء
April 1	١ نيسان	Saturday: Great Vespers Service صلأة الغروب	5:00pm	مساء
April 2	٢ نيسان	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداس الإلهي	9:15am	صباحا
April 3	٣ نيسان	Monday: Great Compline Service الاثنين: صلأة النوم الكبرى	7:00pm	مساء
April 5	٥ نيسان	Wednesday: Presanctified Liturgy خدمه القداس السابق تقديس	7:00pm	مساء
April 7	٧ نيسان	Friday: Little Compline Canon of the Raising of Lazarus. صلاة النوم وكانون اليعازر.	7:00pm	مساء
April 8	٨ نيسان	Saturday: Divine Liturgy for Lazarus سبت اليعازر. Great Vespers Service صلأة الغروب	9:15am 5:00pm	صباحا مساء
April 9	٩ نيسان	Sunday: Divine Services for Palm Sunday احد الشعانين.	9:15am	صباحا
April 9	٩ نيسان	Sunday: 1st Bridegroom Service صلاة الختن الأولى.	7:00pm	مساء
April 10	١٠ نيسان	Great Monday: 2nd Bridegroom Service صلاة الختن الثانية	7:00pm	مساء
April 11	١١ نيسان	Great Tuesday: 3rd Bridegroom Service صلاة الختن الثالثة	7:00pm	مساء
April 12	١٢ نيسان	Great Wednesday: Holy Unction Service صلاة الزيت المقدس	7:00pm	مساء
April 13	١٣ نيسان	Great Thursday: Divine Liturgy of St. Basil the Great followed by the Rite of the Washing of the Feet قداس القديس باسيليوس العظيم ويتبع طقوس غسل الارجل Great Thursday: 12 Passion Gospels صلاة الاثني عشر انجيل	10:00am 7:00pm	صباحا مساء
April 14	١٤ نيسان	Great and Holy Friday: Royal Hours **الجمعة العظيمة**: خدمه الساعات الملكية الكبرى Great Friday: Taking Down of Body from the Cross إنزال المصلوب عن الصليب Great and Holy Friday: Lamentations. جناز السيد المسيح – سهرانيه الجمعة العظيم (GREAT FRIDAY SOYO/YAF All-Night Vigil to Follow)	10:00am 3:00pm 7:00pm	صباحا مساء مساء
April 15	١٥ نيسان	Great and Holy Saturday: Vesperal Liturgy of Saint Basil قداس باسيليوس العظيم Great and Holy Saturday: Rush Procession and Orthros followed by Paschal Liturgy سبت النور، سحريه العيد، الهجمة وقداس القيامة	9:00am 10:00pm	صباحا مساء
April 16	١٦ نيسان	**GREAT AND HOLY PASCHA** عيد الفصح المجيد Sunday: Agape Vespers Service صلاة الباعوث (followed by Annual Egg Hunt)	1:00pm	ظهرا

OUR JOURNEY TO PASCHA! 2023

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week **FEBRUARY 5th**		*TRIODION WEEKS* **Publican and the Pharisee** Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	**Trust in God, not yourself!** Ask for His help before every task this week!
Normal Fast Week **FEBRUARY 12th**		**The Prodigal Son Returns!** Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	**Schedule a Confession.** Use up/freeze meats this week.
The Last Judgment **FEBRUARY 19th**		**The Last Judgment (Meatfare)** Reading: 1 Corinthians 8: 8-9: 2 Gospel: Matthew 25: 31-46	**Pray facing East this week.** Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Forgiveness Sunday **FEBRUARY 26th**		**Adam and Eve are cast from Paradise!** *FORGIVENESS SUNDAY (Cheesefare)* Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	**Ask each other for forgiveness each evening this week before bed.**
1st Sunday of Lent **MARCH 5th**		*GREAT FAST BEGINS with FORGIVENESS VESPERS* **SUNDAY of ORTHODOXY** Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	**Bring an icon to church for a procession.**
2nd Sunday of Lent **MARCH 12th**		**SAINT GREGORY PALAMAS** Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	**Bring a prayer rope to be blessed today!** Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent **MARCH 19th**		**VENERATION OF THE HOLY CROSS** *HALFWAY TO PASCHA!* Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	**Kneel in front of the cross every day, and remember that there is no resurrection without a cross!**
4th Sunday of Lent **MARCH 26th**		**SAINT JOHN of the LADDER** Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	**Every time you climb stairs this week ask Saint John to help you reach Paradise with the sign of the cross!**
5th Sunday of Lent **APRIL 2nd**		**SAINT MARY of EGYPT** Reading: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	**Ask the Theotokos to offer you and the world pure thoughts and ideas this week.**
Palm Sunday! **APRIL 9th** GREAT WEEK BEGINS		*GREAT and HOLY WEEK* **ENTRY OF OUR LORD INTO JERUSALEM** Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	**Place your palm branches and pussywillows behind an icon at home and in your car!**
Great and Holy Friday **APRIL 14th**		**GREAT and HOLY FRIDAY** *JESUS DIES ON THE CROSS* CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	**Refrain from TV, Internet, and Phones to honor Christ's Death.**
Feast of Feasts! **APRIL 16th** NO FASTING!		*BRIGHT WEEK* **HOLY PASCHA! (CHRIST IS RISEN!)** Epistle: Acts 1: 1-8 Gospel: John 1: 1-17	**Greet everyone with "CHRIST IS RISEN!" and say it before good morning and goodnight!**

طريقنا إلى الفصح! 2023

الأحد	الموضوع / الإنجيل	كيفية المُشاركة
لا صيام هذا الأسبوع **5 شباط**	أسابيع التريودي **الفريسي والعشار** الرسالة: 2 تيم 3:10-15 الإنجيل: لوقا 18:10-14	**ثِقوا بالله، لا بأَنفسكم!** أَصرخوا مع العَشّار طالبين مِن الله الرحمة.
صيام عادي هذا الأسبوع **12 شباط**	**أحد الإبن الشاطر!** الرسالة: 1 كور 6:12-20 الإنجيل: لوقا 15:11-32	**اذهبوا إلى الأَعتراف.** إستَنفِذوااللحم من بيتكم خلال هذا الأسبوع.
يوم الدينونة **19 شباط**	**يوم الدينونة (مرفع اللحم)** الرسالة: 1 كور 8:8-9:2 الإنجيل: متى 25:31-46	**صلي مواجهة الشرق هذا الأسبوع.** المسيح يعود من المشارق وسوف ننتظره! إستَنفِذواالبياض من بيتكم خلال هذا الأسبوع.
يوم الغفران **26 شباط**	**طرد آدم وحواء من الفردوس** *يوم الغفران (مرفع الجبن)* الرسالة: رومية 13:11-14، 1:14-4 الإنجيل: متى 6:14-21	**أُطلوا المَغفِرة مِن بَعضكم البعض هذا الأحد قبل الخلود إلى النوم.**
لأحد الأول من الصوم صلاة الغفران **الأحد الأول مِن الصوم** **5 أذار**	**أحد الأرثوذكسية** الرسالة: عب 11:24-26، 32-2:12 الإنجيل: يوحنا 1:43-51	**إجلبوا أَيقونة إلى الكنيسة للمُشاركة في زياح الأَيقونات.**
 **الأحد الثاني مِن الصوم** **12 أذار**	**القديس غريغوريوس بالاماس** الرسالة: عب 1:10-3:2 الإنجيل: مرقس 2:1-12	**إجلبوا مسبحة صلاة أَرثوذكسية لتبريكها في الكنيسة!** إستعملوها وصلوا صلاة يسوع يومياً في هذا الأسبوع.
الأحد الثالث مِن الصوم **19 أذار**	**السجود للصليب المُقدَّس** نصف الطريق الى الفصح! الرسالة: عب 4:14-6:5 الإنجيل: مرقس 8:34-1:9	**أسجدوا للصليب كل يوم متذكرين أَن لا قيامة من دون صليب!**
الأحد الرابع مِن الصوم **26 أذار**	**القديس يوحنا السلمي** الرسالة: عب 6:13-20 الإنجيل: مرقس 9:17-31	**فيما تَتَسَلَقون سُلَم الفَضائِل، أطلبوا مِن القديس يوحنا المُساعَدة لبلوغ الفردوس، وأَنتُم تَرسمون إشارة الصليب!**
الأحد الخامس مِن الصوم **2 نيسان**	**القديسة مريم المصرية** الرسالة: عب 9:11-14 الإنجيل: مرقس 10:32-45	**أطلبوا مِن العذراء والِدة الإله أن تَمنَحَكم وتَمنَح العالم أَفكاراً طاهرة.**
بدءالأسبوعالعظيمالمُقدّس **أحد الشعانين** **9 نيسان** بدء الأسبوع العظيم	**دخول السيد الى اوراشليم** الرسالة: فليبي 4:4-9 الإنجيل: يوحنا 12:1-18	**زَينوا الأَيقونات بِسُعف النخل في بيتكم وسيّاراتكم!**
الجمعة العظيمة **14 نيسان**	**الجمعة العظيمة** موت المسيح على الصليب تحقق من أوقات الصلوات في هذه الأيام المقدسة	**إمتَنِعوا عن التلفزيون والإنترنت وعن استخدام هواتفكم.**
سبت النور **عيد الأعياد!** **16 نيسان** نهاية الصوم الكبير!	**الفصح المُقدَّس! (المسيح قام!)** الرسالة: اعمال 1:1-8 الإنجيل: يوحنا 1:1-17	**القوا التحية قائلين "المسيح قام" عوضاً عن صباح الخير او مساء الخير!**

Saint George Antiochian Orthodox Cathedral

320 Palermo Avenue, Coral Gables, FL 33134
Phone: (305) 444-6541 Fax: (305) 445-6530
Email: Office@StGMiami.org Website: www.StGMiami.org

2023 Stewardship Commitment Form

"So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver." (II Corinthians 9:7)

Step 1: Family Name: _____

Step 2: If any changes, please use Membership Information Form to update all personal information.
Membership Information Form located at the church front entrance / or ask for a Stewardship Committee member

Step 3: Know your Membership Number: _____

Step 4: Be a Steward! – Share your Time and Talent by volunteering for a ministry! (Visit Website)

Step 5: Be a Steward! – Share your Treasure by making your Stewardship Commitment TODAY!

Please consider "prayerfully and sincerely" about your 2023 Stewardship Commitment.

In gratitude for God's blessings, I/we offer the following 2023 'WEEKLY' Stewardship Commitment
(Please Select):

☐ $20/Week ($1,040 Annually) ☐ $30/Week ($1,560 Annually) ☐ $50/Week ($2,600 Annually) ☐ $100/Week ($5,200 Annually) ☐ Other $_____/Week ($_____Annually)

Step 6: Please complete Payment Information below

Payment Options: (*please select option A, B, or C*)

Ⓐ- ☐ Credit Card (please complete the following credit card information)

☐ VISA ☐ MasterCard ☐ Discover

Name on Credit Card (Please Print)**:**_____
Credit card number: _____ **Expiration Date**: _____ /_____
CSC code (back of card): _____ **Zip Code of billing address**: _____

Email address of credit card holder (used to send credit card receipt):_____

Authorization: By completing and signing this Credit Card Authorization form, I authorize ***Saint George Cathedral*** to charge my Credit Card the amount stated below for my 2023 Stewardship Pledge unless I provide a written cancellation.

Please select:
☐ $_____ monthly (recurring donation)
☐ $_____ one-time donation

Credit Card Authorization Signature: _____**Date:** _____

Ⓑ- ☐ Check/Cash (check is safer and better for your records and the Church records)

Ⓒ- ☐ One-time check enclosed

Step 7: Please sign below

By signing this form, I commit myself / family as a Steward of Saint George Cathedral.

Signature: _____ **Print Name:** _____ **Date:**_____

Please note: For the General Assembly voting privilege in 2024, this form must be completed and 2023 pledge fulfilled.

CONFIDENTIAL: May not be distributed or reproduced / For Authorized Parish Personnel only

Please return your completed form to the Cathedral Office promptly.

For office use only **Received by:** _____ **Date entered:** _____

Saint George Antiochian Orthodox Cathedral, Coral Gables, FL

83 Stewardship Commitments received as of March 29, 2023

Thank you for your generous support and growing the Saint George Cathedral Family!!!

V. Rev. Father Paul and Khourieh Jane Solberg
Mr. Alex Abu-Akel
Mr. & Mrs. Atalla and Andrea Abu-Akel
Mrs. Ghada Al-Rahib
Mrs. Veronica Assaf
Mr. & Mrs. Elie and Mela Attie
Mr. & Mrs. Marcos Aguiar and Jennifer Bandi
Mr. George Barakat
Mrs. Jacqueline Barakat-Wanna
Sdn. & Mrs. Elie and Theresa Bardawil
Mr. & Mrs. Majed and Mary Barjoud
Mr. Christopher Barker
Mr. & Mrs. Russell and Helene Bassett
Mr. Christopher Buzzetta
Mr. James Calder
Ms. Danielle Marie Cassis
Dr. Daniel L. Cassis
Mr. Daniel Lee II Cassis
Mrs. Mouna Dahlan
Mr. Abdallah Daiha
Ms. Denise Ede-Aloise
Dr. Diane Ede-Nichols
Mr. Douglas Ede
Mr. and Mrs. Elias and Ernestine Ede
Mr. & Mrs. Said and Lama El-Haj
Mr. & Mrs. David and Dannie Esper
Mr. Wajdy Fahel
Mrs. Zeina Farah

Mr. & Mrs. Judeh and Muna Ghawali
Ms. Jamal Habib
Mrs. Tabte Habib
Mr. & Mrs. John and Lisa Nasr Haddy
Mrs. Amal Hakim
Mr. & Mrs. Muazzi and Michelle Hatem
Mr. & Mrs. Mikhael and Yolla Hayek
Mr. & Mrs. Fadi and Belgica Hernandez Mourad
Mr. Bassem Jadon
Mr. Farid Jahjah
Mr. & Mrs. Osama and Nadia Jahjah
Mr. Marwan Michael Jarrouge
Drs. Hani and Ferial Jumean
Mr. & Mrs. George and Myrna Khouri
Mr. & Mrs. George & Widaa Khoury
Mr. George Mayez Khoury
Mr. Waseem Khoury
Mr. & Mrs. Vladimir and Carmen Kostik
Mr. & Mrs. Eddie and Maha Mabardi
Dr. Nicholas Mabardi
Mr. & Mrs. Bashir and Razan Malouf
Mr. & Mrs. Michael and Tatiana Malouf
Mr.& Mrs. Samir and Theresa Mekhail
Mrs. Sally (Salwa) Mobayed
Mr. Sabastian Moreno
Mr. Christian Mounayyer
Mr. & Mrs. Salem and Hannan Mounayyer

Mr. Sammy Mounayyer
Prof. & Mrs. Antoin and Hiam Nahas
Mr. & Mrs. Mike and Mary Nasr
Shamasseh Pat Nimer
Mr. Roger Nimer
Mr. & Mrs. Charles & Diana O'Brien
Mr. & Mrs. Richard and Karen Razook
Mr. & Mrs. Geoge and Zakieh Samaan
Mrs. Judy Sayfie
Mr. Justin Sayfie
Dr. Don Shalhub
Dr. & Mrs. Waleed and Marie Sneij
Mr. & Mrs. Nasser and Tania Soufia
Ms. Noura Soufia
Mrs. Amleset Tekle
Mr. & Mrs. Suhel and Najwa Turjman
Ms. Amani Wanna
Mr. & Mrs. Salah and Soraya Wassef
Mrs. & Mrs. Youssef and Reem Yazji
Mr. & Mrs. Basel and Hiba Zacur
Mrs. Najat Zacur
Mr. & Mrs. Yamil and Salma Zacur
Mr. Castan Georges Zaineh
Mr. & Mrs. Bassam and Xiomara Zammar
Mr. & Mrs. Antoine and Vivian Zammar
Mr. & Mrs. George and Naife Zammar
Ms. Lilian Zammar
Mr. & Mrs. Michael and Edilia Zammar

If you have not already done so, please complete and submit a 2023 Stewardship Form- keeping our records accurate is important to us.
Any errors above, please contact the Church Office.

Beloved in Christ,

This past Sunday, Fr. Ayman Kfouf spoke about The Ladder of Divine Ascent which was written by Saint John Climacus. Listed below are the 30 soul purifying steps that will lead us to Christ. There is no doubt that Saint John was writing as a monastic. But Metropolitan Kallistos Ware said: "This book has in fact been read with the utmost profit by many thousands of married Christians… Whether monastic or married, all the baptized are responding to the same Gospel call; the outward conditions of their response may vary, but the path is essentially one."

The Ladder is made up of Steps in which Saint John analyzes the most troubling "passions," and offers guidance as to how to overcome them and replace them with a corresponding virtue. … a "warfare against the passions." Without success in this battle, we cannot hope to attain purity of heart.

The steps are:

1. On renunciation of the world
2. On detachment
3. On exile or pilgrimage; concerning dreams that beginners have
4. On blessed and ever-memorable obedience (in addition to episodes involving many individuals)
5. On painstaking and true repentance which constitutes the life of the holy convicts, and about the Prison
6. On remembrance of death
7. On joy-making mourning
8. On freedom from anger and on meekness
9. On remembrance of wrongs
10. On slander or calumny
11. On talkativeness and silence
12. On lying
13. On despondency
14. On that clamorous mistress, the stomach
15. On incorruptible purity and chastity, to which the corruptible attain by toil and sweat
16. On love of money, or avarice
17. On non-possessiveness (that hastens one Heavenwards)
18. On insensibility, that is, deadening of the soul and the death of the mind before the death of the body
19. On sleep, prayer, and psalmody with the brotherhood
20. On bodily vigil and how to use it to attain spiritual vigil, and how to practise it
21. On unmanly and puerile cowardice
22. On the many forms of vainglory
23. On mad pride and (in the same Step) on unclean blasphemous thoughts; concerning unmentionable blasphemous thoughts
24. On meekness, simplicity, and guilelessness which come not from nature but from conscious effort, and about guile
25. On the destroyer of the passions, most sublime humility, which is rooted in spiritual perception
26. On discernment of thoughts, passions and virtues; on expert discernment; brief summary of all aforementioned
27. On holy stillness of body and soul; different aspects of stillness and how to distinguish them
28. On holy and blessed prayer, the mother of virtues, and on the attitude of mind and body in prayer
29. Concerning Heaven on earth, or Godlike dispassion and perfection, and the resurrection of the soul before the general resurrection
30. Concerning the linking together of the supreme trinity among the virtues; a brief exhortation summarizing all that has said at length in this book

The Ladder of Divine Ascent by St. John of the Ladder (Climacus) can be purchased for under $15 at www.amazon.com.

Blessings to you all,
Father Paul

GREAT FRIDAY REMEMBRANCE BULLETIN

On Great and Holy Friday, as the Church commemorates the suffering, crucifixion, and burial of the Lord Jesus Christ, the Church anticipates the Resurrection of the Lord and those whom God will raise up – all your loved ones departed this life.

On this Great and Holy Friday (celebrated on April 14), the Antiochian Women of the Cathedral will publish the ***Great Friday Remembrance Bulletin*** commemorating the names of all your loved ones departed this life and who have fallen asleep in the Lord.

To have the names of your departed loved ones who have fallen asleep in the Lord included in the ***Great Friday Remembrance Bulletin***, please complete the information below and return it to the Cathedral Office or Lama El Haj with your donation **no later than Thursday, April 5, 2023**.

Your departed loved ones, whose names you include below, will be remembered at the Holy Saturday morning Liturgy on Holy Saturday, April 15, 2023, at 9:00 a.m.

Enclosed is my donation in the amount of $_____.

FAMILY NAME EXACTLY AS YOU WISH IT TO APPEAR IN THE BULLETIN:_____

_____

_____

PLEASE PRINT **the names of your departed loved ones below EXACTLY as you wish them to appear in the *Great Friday Remembrance Bulletin*:**

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

Mailing Address: _____

_____

Telephone No:_____ Email Address:_____

Saint George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134 - 305-444-6541 - AW@stgmiami.org

2023 Saint George Cathedral Paschal (Easter) Bake Sale

Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida

Delicious Middle Eastern Pastries

ADVANCE ORDER FORM

ORDERING DEADLINE: Sunday, April 2, 2023

PICK-UP DATE: Saturday night, April 15, 2023 (after Paschal Service)

Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total
Paschal Basket	$60		
Mammoul Dates Delectable date stuffed buttery cookie.	$25		
Mammoul Nuts Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	$25		
Ka'ak Bihaleeb Traditional Shortbread cookie flavored with a hint of Anise	$20		
			$

Ordering Deadline: will be Sunday, April 2, 2023

ALL PASTRIES ITEMS FREEZE WELL!

TO ORDER: Please mail check payable to "**Saint George Cathedral**" with order form to:
Saint George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name: _____

Phone: (_____) Email Address: _____

PICK- Up Date: Saturday Night April 15, 2023(after Paschal Service)

For more information, please contact Amal Hakim | 320 Palermo Ave, coral Gable, Fl. 33134| 305 – 444 - 6541.

Paschal Basket

On paschal night we bring a wicker basket full of food they abstained from during Great Lent. After the midnight Paschal Liturgy, all gather around the priest to bless the Paschal baskets and enjoy breaking the fast. Candles are lit and the Priest offers the special Paschal Blessing to celebrate the Resurrection of Christ!

These baskets have been prepared with many of the foods from which people abstain from during Great Lent. Several foods are traditionally included in the basket: yeast bread, wine, cheese, Sausage, Mamoul Nuts and Dates, Ka'ak Bihalib and a red colored egg. Each item in the basket has symbolic meaning.

Paschal – a sweet, yeast bread, rich in eggs and butter. Symbolic of Christ Himself, who is "the Bread of Life." (John 6:35). This bread is usually a round loaf baked with a golden crust and decorated with a cross.

Cheese – a reminder of the Promised Land, re-opened to us by Christ's Resurrection and the "land" we find in the Church, "a land of milk and honey." (Exodus 3:17).

Sausage – a spicy, smoked, garlic sausage of beef products indicates God's favor and generosity.

Hard Boiled Eggs – As the chick emerges from the confinement of the shell, so Christ resurrects from the tomb. St. Mary Magdalene appeared to Tiberius Caesar and greeted him with a red egg and the words, "Christ is Risen!"
As we crack our hard-boiled eggs on Pascha, it is traditional for two people to crack them together. The first says, "Christ is Risen!" and the second replies, "Indeed, He is Risen!"

Cover- These articles are placed in a sizable wicker basket and a light colored or pastel ribbon Is tied to the handle. A decorated candle is included in the basket along with the foods and is lighted at the time of the blessing and during the Resurrection meal. A linen covering is placed over the food basket as a protective and decorative cover when it is brought to be blessed.

Mamoul Dates - It symbolizes the crown of thorn, which was placed upon the pure head of Christ.

Mamoul Nuts - It symbolizes the tomb where Christ was buried and resurrected from.

Ka'ak Bihalib - containing milk, a sign of new life, this cookie symbolizes the resurrection of Christ.

Wine- represents a new beginning, which is the salvation through the blood of Christ. Wine is used to celebrate this new beginning.

Saint George Antiochian Orthodox Cathedral, Coral Gables, FL
SOYO
2023 All-Night VIGIL Consent Form

Dear Parents of SOYO Members (ages 12-18),

Greetings in the name of the Lord and Savior Jesus Christ!

Thank you for being a part of Saint George SOYO's new growth! With God's Grace, we shall continue to prosper and be the strength of the parish. Every year, on Great and Holy Friday, All members of the Orthodox Church celebrate the entombing of the crucified Lord with a Vigil held on Friday until the morning of Holy Saturday. The Vigil is done in order to guard the Tomb of Christ and every year parishioners, including Teens, participate in this sacred task.

This year's **Annual Great Friday Vigil will begin at 9:00 p.m. after the Lamentation Services on Great Friday, April 14, 2023 in the Church**. This year's Vigil will include: a Scripture Reading Schedule, the Sacrament of Confession, Candlelight Prayer service, a Lenten meal, Bible Study, group activities, and more. The Holy Saturday Liturgy Service will be celebrated at 9:00 a.m. on Saturday, April 15. This form needs to be **completed and returned** to the Church Office no later than Holy Friday, April 14, 2023. **Dismissal will be on Saturday morning after Liturgy! DUE TO THE SACREDNESS OF THIS ENTIRE NIGHT, APPROPRIATE BEHAVIOR AND ATTIRE ARE IMPERATIVE!**

Below, the Parental Consent form states the importance of the SAFETY of all children. For this reason, your child/children will not leave the building for any reason between **Check-In and Check-Out**. Several parental chaperones are needed to assist with managing, setting up, and monitoring. You may contact the Lead Advisor, Hannan Mounayyer, to volunteer.

*****Children under 12 MUST be accompanied by parent/guardian*****

PARENTAL CONSENT FORM

I, _____, as legal parent/guardian of _____ grant my sons(s)/ daughter(s) permission to participate in and attend the **2023 GREAT FRIDAY VIGIL**, to be held at Saint George Antiochian Orthodox Cathedral, Coral Gables, FL, from **Check-In** at 9:00 p.m. on Friday, April 14, 2023, through **Check-Out** at 10:30 a.m. on Saturday, April 15, 2023. I understand my child/children will not be allowed to leave the Church premises, for his/her/their safety, during the time of the Vigil**. BOTH, MY CHILD/CHILDREN AND I, UNDERSTAND THERE WILL BE A POLICY OF ZERO TOLERANCE FOR MISBEHAVIOR! PARENTS WILL BE NOTIFIED TO PICK UP THEIR CHILD/CHILDREN FOR ANY NON-COMPLIANCE DURING ANY HOUR OF THE VIGIL.**

Please check one:

_____ I shall be present at the VIGIL to take responsibility for my child, and volunteer as a parental chaperone.

_____ I am unable to attend the VIGIL and I do absolve Saint George Antiochian Orthodox Cathedral of Coral Gables, FL of any liability in the event of accident or injury.

Parent's / Guardian's signature: _____Date: _____

Address:_____

Emergency Telephone:_____

WHAT TO BRING:
- Notebook/pen
- Appropriate change of clothes
- Toiletries-toothbrush, towel, etc.
- Sleeping bag, blanket, pillow

WHAT NOT TO BRING:
- Cell phones
- I-Pods, mp-3 players, CD players, etc.
- Game-boys
- Personal DVD players

Children will certainly be able to use phones **if necessary**. Should parents need to contact their children, they may call the following phone numbers: Hannan Mounayyer (305) 815-5913 Fr. Paul Solberg (716) 983-1145

SAINT GEORGE CATHEDRAL
TEEN SOYO

PALM
SUNDAY CANDLES

Support the Teens and purchase a candle arrangement for you and your child!

$20 EACH
SUNDAY, APRIL 9, 2023

SOYO@STGMIAMI.ORG | 305.444.6541
320 PALERMO AVENUE
CORAL GABLES, FLORIDA

SAINT GEORGE CATHEDRAL

THE SUNDAY SCHOOL AND THE ANTIOCHIAN WOMEN

Lenten Humanitarian Drive

Toiletries Kit

- ❑ Deodorant
- ❑ Soap
- ❑ Shampoo & Conditioner
- ❑ Razor (Men's/Women's)
- ❑ Nail clippers
- ❑ Foot powder
- ❑ Lotion

Women's Hygiene Kit

- ❑ Sanitary napkins
- ❑ Tampons
- ❑ Moist towelettes

Dental Care Kit

- ❑ Toothbrush
- ❑ Toothpaste
- ❑ Dental floss
- ❑ Mouthwash

PILLOWS and BLANKETS

All items must be travel size

Deadline to donate will be April 9, 2023

320 Palermo Ave, Coral Gables| 305 444 6541| sundayschool@stgmiami.org

Saint George Cathedral Sunday School

Invites You to Our

PASCHAL EGG HUNT

Sunday, April 16th, 2023

After the Agape Service at 1:00pm

Bring Your Own Basket!

320 Palermo Ave, Coral Gables, FL | 305.444.6541 | SundaySchool@StGMiami.org

Saint George Antiochian Orthodox Cathedral
Order of St. Ignatius of Antioch

3rd Annual Golf Outing

April 29, 2023

Registration and lunch at 12 pm, Shotgun start at 1 pm
Dinner and Award Ceremony to follow

Miccosukee Golf & Country Club
6401 Kendale Lakes Dr,
Miami, FL 33183

All proceeds benefit the Dr. Ernest Sayfie Camp Scholarship Fund,
the Dr. Eugene Sayfie Educational Scholarship Fund,
and the Saint Ignatius Educational Scholarship Fund
Your contribution is Tax Deductible Under Section 170 (c) (2)

Cost

$175 per golfer or $600 per foursome -
Includes golf cart, practice tee, swag bag,
refreshments, boxed lunch, and dinner
Dinner ticket only- $50

Sponsorships available

Register Here

320 Palermo Avenue | Coral Gables, FL 33134 | (305) 444-6541 | TheOrder@stgmiami.org

3rd Annual Golf Outing

Registration Form

CLOSEST TO THE PIN

MICCOSUKEE GOLF & COUNTRY CLUB

LONGEST DRIVE

Saturday, April 29th, 2023

Registration and Lunch at 12 pm, Shotgun start at 1 pm

Dinner and Award Ceremony to Follow

Cost

$175 per golfer or **$600** per foursome

-Includes golf cart, practice tee, swag bag, refreshments, boxed lunch, and dinner

Dinner ticket only- $50

Miccosukee Golf and Country Club
6401 Kendale Lakes Dr
Miami, FL 33183

Golfer's Name	Phone Number	Email Address

Register Online:

All Proceeds will benefit the Dr. Ernest Sayfie Camp Scholarship Fund & Dr. Eugene Sayfie Educational Scholarship Fund, and the Order of St. Ignatius Scholarship Fund

Your contribution is Tax Deductible Under Section 170 (c) (2)

If you have a group you want to play with, please submit all the names on one form, not exceeding four.
Singles: fill out the first line and we will add you to a group.

You may email your entry form and credit card payment to TheOrder@StGMiami.org
Or fax to (305) 445-6530

For Information, please contact The Order Cathedral Office at (305)444-6541
or
TheOrder@StGMiami.org

Saint George Antiochian Orthodox Cathedral | The Order of Saint Ignatius of Antioch

3rd Annual Golf Outing

Sponsorship Information

Saturday, April 29th, 2023
Registration and Lunch at 12 pm
Shotgun start at 1 pm

Miccosukee Golf and Country Club
6401 Kendale Lakes Dr
Miami, FL 33183

All Proceeds will benefit the Dr. Ernest Sayfie Camp Scholarship Fund, Dr. Eugene Sayfie Educational Scholarship Fund, and the Order of St. Ignatius Scholarship Fund

Your contribution is Tax Deductible

Sponsorship Levels

DIAMOND SPONSOR - $2,500
- Includes free registration for 4 golfers
- EXCLUSIVE advertising at a single hole of your choice
- "Longest Drive" - hole prize sponsorship
- Corporate specialty plaque
- Listing as a major sponsor in literature
- Acknowledgments will be given throughout the day

PLATINUM SPONSOR - $1,000
- "Closest to the Pin" prize sponsorship
- Platinum Specialty Plaque
- Hole (Tee) Sponsor Signs on 6 holes
- Acknowledgments will be given throughout the event

GOLD SPONSOR- $500
- Gold Specialty Plaque
- Hole (Tee) Sponsor Signs on 3 holes

SILVER SPONSOR - $300
- Silver Specialty Plaque
- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin

DRINK CART SPONSOR – $500
- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin name insert
- Appreciation Plaque
- Hole (Tee) Sponsor Sign

BOXED LUNCH SPONSOR – $500
- Hole (Tee) Sponsor Signs on 3 holes
- Includes Cathedral Bulletin name insert
- Appreciation Plaque

SWAG BAG SPONSOR (100 items) - $250
- Includes Cathedral Bulletin name insert
- Appreciation Plaque

TEE BOX SIGN SPONSOR- $100 each
- One (1) tee sign with the company logo displayed

50/50 RAFFLE TICKETS
1 for $5 *OR* 5 for $20

All Sponsorship Levels have the option of adding a foursome for $500

St. George Antiochian Orthodox Cathedral | Order of St. Ignatius of Antioch

3rd Annual Golf Outing

Sponsorship Form

Sponsor Information

Company

Name

Address

City, State, Zip Code

Phone

Email Address

Payment

- ☐ Check
  Make check payable to St. George Cathedral
- ☐ Visa
- ☐ Mastercard
- ☐ American Express

Cardholder's Name

Card Number

Exp. Date Security Code Zip Code

Cardholder's Signature

Sponsorship Selections

Choose all that apply

Sponsorships

- ☐ Diamond
- ☐ Platinum
- ☐ Gold
- ☐ Silver
- ☐ Drink Cart
- ☐ Boxed Lunch
- ☐ Swag Bag
- ☐ Tee Box

Add Golf Players

- ☐ Single Player(s): _____
- ☐ Foursome(s): _____
- ☐ Raffle tickets: _____

Total: _____

- Diamond Sponsor- $2,500
- Platinum Sponsor - $1,000
- Gold Sponsor- $500
- Silver Sponsor - $300
- Drink Cart Sponsor – $500
- Boxed lunch sponsor – $500
- Swag Bag Sponsor (100 items) - $250
- Tee Box Sign Sponsor - $100 each

50/50 Raffle Tickets – 1 for $5 *or* 5 for $20

Single Golfer $175

All sponsorship levels have the option of adding a foursome for $500

please see attached flyer for details

Your contribution is Tax Deductible Under Section 170 (c) (2)

"Let Us make man in Our image, according to Our likeness."

Genesis 1:26

2023 Parish Life Conference

Diocese of Miami and the Southeast

Miami, Florida

Hosted by St. George Cathedral Coral Gables, Florida

14-17 June 2023

EVENT & HOTEL REGISTRATION NOW OPEN!

- Bible Bowl
- Oratorical
- Creative Arts Festival
- Workshops
- Organization Meetings

Embassy Suites by Hilton Miami International Airport

Room Rate: $145/night

Event Registration at www.miamiplc.org

Saint George Cathedral looks forward to hosting all of you in June!

2023 Parish Life Conference Sponsorships

The PLC committee humbly requests you to consider being a sponsor of one of the below listed events. As hosts, of the 40+ churches in our Diocese, your love and support is greatly appreciated!

Event Type	*Suggested Amount*	*Status*
Chapel	$1,000*	OPEN
Wednesday – Clergy and Clergy Wives' Dinner w/ BISHOP NICHOLAS	$1,000*	OPEN
Wednesday – Meet and Greet	Any Amount Welcome*	OPEN
Wednesday – Kids Club	$150	DONATED
Thursday – Breakfast Buffet	Any Amount Welcome*	OPEN
Thursday – Kids Club	$150	OPEN
Thursday – Dinner Buffet and Evening Social	Any Amount Welcome*	OPEN
Friday – Breakfast Buffet	Any Amount Welcome*	OPEN
Friday – Kids Club	$150	OPEN
Friday – Dinner Buffet	Any Amount Welcome*	OPEN
Organizational Meetings (AW, AMEN & SOYO)	Any Amount Welcome*	OPEN
SOYO Outing	Any Amount Welcome*	OPEN
YAF Outing	Any Amount Welcome*	OPEN
Bible Bowl	$500*	OPEN
Oratorical Festival	$500*	OPEN
General Donation	Any Amount Welcome*	OPEN

SILVER LEVEL Sponsors – Donation of $500 – Receive One Ticket for The Order of Saint Ignatius Lunch
GOLD LEVEL Sponsors – Donation of $1,000 – Receive One Complimentary Book of Tickets
PLATNIUM LEVEL Sponsors – Donation of $1,500 – Receive Two Complimentary Book of Tickets

To donate toward one or more of the above items, please see Fr. Paul, PLC Chairlady, Jackie Barakat-Wanna, or Hannan Mounayyer. Thank you for your continued support!

*** Multiple donors are welcome to participate.**

All donations are tax deductible.

Contact Information

Office Hours:	Monday - Friday 10:30 a.m. - 4:00 p.m.
Address:	320 Palermo Ave., Coral Gables, FL 33134
Phone:	(305)444-6541 Fax: (305)445-6530
Office Email:	Office@stgmiami.org
Webmaster:	Webmaster@stgmiami.org
Website:	www.stgmiami.org

Concerns, care, input, please call:
V. Rev. Fr. Paul Solberg
(716) 983-1145

Follow us on Social Media:
Like us on Facebook: www.facebook.com/stgmiami
Follow us on Instagram: @StGMiami
Subscribe to our YouTube Channel!