Saint George Antiochian Orthodox Cathedral Sunday, March 13, 2022 CONAL GABLES, FLORIDA

كاتدرائية القدِّيس جاورجيوس لِلروم الأُرثوذكس

الأحد ١٣ آذار ٢٠٢٢

النّـشْرَةُ الأَسْبُوعِيَّةُ

The Weekly Bulletin



FIRST SUNDAY OF GREAT LENT (SUNDAY OF ORTHODOXY)
الأحك الأوّل من الصور أبي أحك الأرثوذكسيّة

"The disciples were first called Christians in Antioch." Acts 11:26

The Orthodox Christian Faith proclaims the Gospel of Jesus Christ, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the One, Holy, Catholic (Universal), and Apostolic Church that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in God the Father, through Jesus Christ, and sustained by the Holy Spirit. Visitor(s), please feel at home in prayer and worship. Only those practicing Orthodox Christians who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

Cathedral Administrative and Organizational Body



The Most Reverend Metropolitan JOSEPH, *Primate*Antiochian Orthodox Archdiocese of North America
The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*Diocese of Miami and the Southeast



The Reverend Father Joseph Hector Abouid

Brotherhood of the Noble Joseph:

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Sdn. Charles Khoury

Sdn. Elie Bardawil Sdn. Sean Hatem

Sdn. Louis Hatem

Sdn. Hanna Soufia

Acolytes (servers)

Jackson King, Choir Director/Lead Chanter

Dr. Don Shalhub, Chanter

Yamil Zacur, Lead Usher

All Choir Members and Ushers

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Jamal Habib, *Membership*

Lama Elhaj, Property Usage

Yamil Zacur, Property Management

Noura Soufia, *Public Relations/Web Master* Nasser Soufia, *Vision and Development*

Orthodox Christian Arabic School

Reem Yazji, Coordinator

Cathedral Office:

Mrs. Elsa Herrmann, Office Secretary

Cathedral Dean Cathedral Council:

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Noura Soufia, *Member*

Hannan Mounayyer, Member

Antoine Nahas, Member

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Yola Hayek, *Antiochian Women*

Noura Soufia, Young Adult Fellowship

Christopher Wanna, SOYO

Zena B. Farah, Order of Saint Ignatius

Tony Zammar, Antiochian Men

SOYO Advisory Team:

Hannan Mounayyer, *Lead Advisor* Said Elhaj

DIVINE LITURGY OF ST. BASIL THE GREAT تغييرات في القدّاس

CHANGES IN THE DIVINE LITURGY

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this Weekly Bulletin for the changes in today's Divine Liturgy (SEE BELOW).

~ After the Great Litany ~

The First Antiphon

The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so that it shall never be moved.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Who can utter the mighty acts of the Lord? Who can cause all his praises to be heard? Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy. (Refrain)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto ages of ages. Amen. (Refrain)

الأنتيفونا الأولى

الرَّبُّ قَد مَلَكَ، وَالجَلالَ لَبِسَ. لَبِسَ الرَّبُّ القُوَّة وَهَنْطَقَ بِهَا. لأَنَّهُ ثَبَّتَ المَسْكُونَةَ فَلا تَتَزَعْزَعُ.

اللازمة: بِشَهْاعاتِ والدةِ الإلهِ يا مُخَلِّصُ

مَنْ ذَا الَّذِي يُحَدِّثُ عَنْ عَظَائِمِ الرَّبِّ؟ مَنْ ذَا الَّذِي يُخَبِّرُ بِجَمِيعِ مَدَائِحِهِ؟ لِيَقُلْ هَلْ هَلْ مَفْديُّ و الرَّبِّ الَّذِينَ افْتَدَاهُ مْ مِنْ أَيْ دِي الأَعْدَاء (اللازمة)

المجد للآب والابن والروح القدس. الآن وكل أوان وإلى دهر الداهرين. آمن. (اللازمة)

~ After the First Small Litany ~

The Second Antiphon

Let them praise the Lord for His mercies, and for His wonderful works to the children of men.

Refrain: Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

Let them exalt Him in the congregation of the people, and praise Him in the seat of the elders. *(Refrain)*

The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy; to hear the groaning of the prisoners, to loose the sons of the slain. *(Refrain)*

Glory to the..., both now and... (O, only begotten Son and Word of God...)

الأنتيفونا الثانية

فَلْيُقِرُّوا لِلرَّبِّ مَِرَاحِمِهِ وَبِعَجَائِبِهِ لِبَني البَشَر.

اللازمة: خَلِّصْنا يا ابْنَ الله، يا مَنْ قامَ مِنْ بَين الأمْوات، إذْ نُرَتِّلُ لَكَ. هَلِلوييا.

لِيُعَظِّمُوهُ فِي مَجْمَعِ الشُّعُوبِ وَلْيُسَبِّحُوهُ فِي مَجْمَعِ الشُّعُوبِ وَلْيُسَبِّحُوهُ فِي مَجْلِسِ الشُّيُوخِ. (اللازمة)

هَا إِنَّ عَيْنَي الرَّبِّ إِلَى الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَتَعَافُونَهُ، الَّذِينَ يَتَوَكَّلُونَ عَلَى رَحْمَتِهِ. لِيَسْمَعَ أَنِينَ المُعْتَقَلِينَ وَيَفُكُ لَيَسْمَعَ أَنِينَ المُعْتَقَلِينَ وَيَفُكُ لَيَسْمَعَ أَنِينَ المُعْتَقَلِينَ وَيَفُكُ لَ

المجد... الآن ... يا كلمةَ اللهِ الإبنَ الوحيد...

~ After the Second Small Litany ~

The Third Antiphon

Let the heavens and the earth praise Him. This is the day which the Lord hath made; let us rejoice and be glad in it. O Lord my God, I will give thanks unto Thee forever.

الأنتيفونا الثالثا

لِتُسبِّحْهُ السَّمَاوَاتُ وَالأَّرْضِ. هَذَا هُوَ اليَوْمُ الَّذِي صَنَعَهُ السَّمَاوَاتُ وَالأَّرْضِ. هَذَا هُوَ اليَوْمُ الَّذِي صَنَعَهُ الرَّبُّ اللَّبَد. إِلَى الأَبَد.

~ During the Little Entrance ~

Apolytikion of the First Sunday of Great Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصورَتِكَ الطاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرانَ الخَطايا، أَيُّهَا الْمَسِيحُ إِلهُنا، لأَنَّكَ قَبِلْتَ أَنْ تَرَقَفِعَ بِالجَسَدِ على الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الذينَ خَلَقْتَ مِنْ عُبودِيَّةِ العَدُوّ. لِذلِكَ نَهتِفُ إليكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الكُلَّ فَرَحاً يا مُخَلِّصَنا، إذْ أَتَيْتَ لِتُخَلِّصَ العالَم.

The Entrance Hymn for Ordinary Sundays (Tone Two)

Come, let us worship and fall down before Christ, our King and our God. Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.

هلُمُّوا لِنَسْجُدْ ونَرْكَعْ لِلْمَسيحِ مَلِكِنا وإلهِنا. خَلِّصْنا يا ابْنَ اللَّه، يا مَنْ قامَ مِنْ بَيْنِ الأَمْواتِ، لِلْرُتِّلَ لَكَ، هَلِلوييا.

~ After the Small Entrance ~

Resurrectional Apolytikion (Tone Five)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

لِنُسبِّحْ نَحْنُ المُؤْمِنينَ ونَسْجُدْ لِلْكَلِمَةِ، المُساوِي لِلآبِ والروحِ في الأزَليَّةِ وعَدَمِ الابْتِداء، المَوْلودِ مِنَ العَدْراءِ لِخَلاصِنا، لأنَهُ سُرَّ بالجَسَدِ أَنْ يَعْلوَ على الصليبِ، ويَحْتَمِلَ الموتَ، ويُنْهِ ضَ المَوْقى بِقِيامَتِهِ المَجيدة.

Apolytikion of the First Sunday of Great Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصورَتِكَ الطاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرانَ الخَطايا، أَيُّهَا المَسيحُ إلهُنا، لأَنَّكَ قَبِلْتَ أَنْ تَرَقَفِعَ بِالجَسَدِ على الصَّليبِ طَوْعاً، لِتُنَجِّيَ الذينَ خَلَقْتَ مِنْ عُبودِيَّةِ العَدُوّ. لِذلِكَ نَهتِفُ إليكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الكُلَّ فَرَحاً يا مُخَلِّصَنا، إذْ أَتَيْتَ لِتُخَلِّصَ العالَم.

Apolytikion of Saint George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls. هما أنَّكَ للمأسُورينَ مُحَرِرٌ ومُعتِقٌ، وللفُقراءِ والمَسَاكينِ عاضِدٌ ونَاصِرٌ وللمَرضَى طبيبٌ وشَافٍ وعن المؤمِنينَ مُكافِحٌ ومُحَارِبٌ أيها العظيمُ في الشُهداءِ جاورجيوسُ اللآبِسُ الظَفَر تَشَفَع إلى المسيح الإلهِ في خَلاصِ نُفُوسِنا.

Kontakion for Sundays in Great Lent & Akathist Saturdays (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

إِنِي أَنَا عَبِدُكِ يَا وَالَّدَةَ الْإِلَهِ * أَكْتُبُ لَكِ راياتِ الغَلَبَة * يَا جُنْدِيَّةً مُحامِيَةً * وأُقَدِّمُ لَكِ الشُّكْرَ كَمُنْقَذَةٍ مِنَ الشَّدائِد * لَكِنْ بِمَا أَنَّ لَكِ العِزَّةَ التي لا تُحَارَب * أَعْتِقِيني مِنْ صُنوفِ الشدائِد * حَتّى أَصْرُخَ إليكِ: إِفْرَحِي يَا عَروساً لا عَروسَ لَها.

THE EPISTLE FOR THE FIRST SUNDAY OF GREAT LENT

Blessed art Thou, O Lord, the God of our fathers.

For Thou art just in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to the Hebrews. (11:24-26, 32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill-treatment with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of the Christ greater riches than the treasures of Egypt; for he looked to the recompense of reward. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

الرسالة الأحد الأول من الصوم

> مُبارَكٌ أنتَ يا ربُّ إلهَ آبائنا. لأنَّكَ عادِلٌ في كُلِّ ما صَنَعتَ بِنا.

فَصْلٌ مِنْ رسالةِ القديسِ بولسَ الرسولِ إلى العِبْرانِيين.

يا إخْوَةُ، بالإِهَانِ مُوسَى لمَّا كَبُرَ أَبَى أَنْ يُذْعَى ابْناً لِابْنةِ فِرعَونَ. مُخْتاراً الشَّقاءَ مَعَ شَعْبِ اللهِ على التَّمَتُّعِ الوَقْتِيِّ بالخطيئَةِ. ومُعْتَبِراً عارَ المَسيحِ غِنى أَعْظَمَ مِنْ كُنُوزِ مِصْرَ، لأَنَّهُ نَظَرَ إِلَى الثَّوابِ. وماذا أقولُ أَيْضاً إِنَّهُ يَضِيقُ بِيَ الوَقْتُ إِنْ أَخْبَرْتُ عَنْ جِدْعَونَ وبَاراقَ وَهَمشُونَ ويَفْتاحَ وداودَ وصَموئيلَ والأنبياءِ. الذينَ بالإهانِ قَهَروا المَمالَكَ، وعَملُوا السِّ، ونَالُوا المواعِدَ، وسَدُّوا أَفواهَ الأُسُودِ. وأَطْفَأُوا حِدَّةَ النارِ، ونَجَوْا مِنْ حَدِّ السَّيفِ، وتَقَوَّوْ ونَالُوا المواعِدَ، وصَارُوا أَشِدًاءَ فِي الحَربِ، وكَسَروا مُعَسْكَراتِ الأجانِبِ. وأَخَذَتْ نِساءٌ أَمواتَهُنَّ مِن ضَعْفٍ، وصَارُوا أَشِدًاءَ فِي الحَربِ، وكَسَروا مُعَسْكَراتِ الأجانِبِ. وأَخَذَتْ نِساءٌ أَمواتَهُنَّ القيامَةِ والضَرْبِ، ولَمْ يَقْبَلوا بالنَّجَاةِ، ليَحْصَلُوا على قِيامَةٍ القيامَةِ والضَرْبِ، ولَمْ يَقْبَلوا بالنَّجَاةِ، ليَحْصَلُوا على قِيامَةٍ أَفْضَلَ. وآخَرُونَ ذاقُوا الهُزْءَ والجَلْدَ والقُيُودَ أَيْضاً والسِّجنَ. ورُجِمُوا، ونُشِرُوا، وامتُعِنُوا، وماتُوا بوماتُوا بِحَدِد السَيْفِ، وسَاحُوا في جُلودِ غَنَمٍ ومَعِنٍ، وهُمْ مُعْوزونَ مُضَايَقُونَ مَجِهُودونَ, (ولَمْ يَكُن بِحَدِ السَيْفِ، وسَاحُوا في جُلودِ غَنَمٍ ومَعِنٍ، وهُمْ مُعْوزونَ مُضَايَقُونَ مَجَهُودونَ, (ولَمْ يَكُن لِعَالَمُ مُستَعِقًا لَهُمْ وكانُوا المَوْعِدَ. لأَنَ اللهَ سَبَقَ فَنَظَرَ لنا شَيْئاً أَفْضَلَ، أَنْ لا يَكُمُلُوا بدونِنا.

THE GOSPEL FOR THE FIRST SUNDAY OF GREAT LENT



The Reading from the Holy Gospel according to St. John. (1:43-51)

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

فَصْلٌ شَريفٌ مِنْ بِشارَةِ القِدّيسِ يوحنّا الإنْجيليِّ البَشيرِ، والتلميذِ الطاهِر

في ذلكَ الزَّمانِ، أرادَ يسوعُ الخُروجَ إلى الجليلِ فَوَجَدَ فيلبُّسَ فقالَ لَهُ: اتْبَعْني. وكانَ فيلبُّسُ مِنْ مَدينةِ أَنْدَراوسَ وبُطْرُسَ. فَوَجَدَ فيلبُّسُ نَثَنائيلَ، فقالَ لهُ: إنَّ الذي كَتَبَ عَنْهُ موسى في النَّامُوسِ والأَنْبياءِ قَدْ وَجَدْناهُ، وهُ وَ يَسوعُ بْنُ يوسُفَ الذي مِنَ النَّاصِرة. فقالَ لَهُ نَثَنائيلُ: أمِنَ النَّاصِرَةِ يُحْكِنُ أَنْ يَكونَ شَيْءٌ صالِحٌ؟ فَقالَ لَهُ فيلبُّسُ: تَعالَ وَانْظُرْ. فَرَأى يَسوعُ نَثَنائيلُ: أمِنَ النَّاصِرَةِ يُحْكِنُ أَنْ يَكونَ شَيْءٌ صالِحٌ؟ فَقالَ لَهُ فيلبُّسُ: تَعالَ وَانْظُرْ. فَرَأى يَسوعُ نَثَنائيلُ نَشَائيلَ مُقبِلاً إليهِ، فقالَ لهُ نَشَائيلُ: مِنْ أينَ تَعْرِفُني؟ أَجابَ يسوعُ، وقالَ لهُ: قَبلَ أَنْ يَدْعُوكَ فيلِبُّسُ وأَنْتَ تَحْتَ التَّيْنَةِ رَأَيْتُكَ. أَجابَ نَثَنَائيلُ تَعْرِفُني؟ أَجابَ يسوعُ، وقالَ لهُ: قَبلَ أَنْ يَدْعُوكَ فيلِبُّسُ وأَنْتَ تَحْتَ التَّيْنَةِ رَأَيْتُكَ. أَجابَ نَثَنَائيلُ وقالَ لهُ: يا مُعَلِّمُ، أَنْتَ ابْنُ اللهِ، أنتَ مَلِكُ إسْرائيلَ. أَجابَ يسوعُ وقالَ لهُ: لأَيِّ قُلْتُ لَكَ إيِّ وقالَ لهُ: النِّي قُلْتُ لَكَ إيِّ وَقَالَ لهُ: الحَقَّ أَقُولُ لكُمْ، إنَّكُمْ وَنَ الآنَ تَرَوْنَ السَّهَاءَ مَفتُوحَةً، وملائِكَةُ اللهِ يَصْعَدونَ ويَنْزِلونَ على ابْنِ البَشَرِ.



THE SYNAXARION

On March 13, in the Holy Orthodox Church, we commemorate our fathers among the saints **Nikephoros**, patriarch of Constantinople; and bishops Poplias and Marios.

On this same day, the First Sunday of the Fast, we make remembrance of the restoration of the holy and venerable Icons, which took place through the ever-memorable Sovereigns of Constantinople, Michael and his mother, Theodora, during the patriarchate of Saint Methodios the Confessor.

This restoration was accomplished in the year 843. Theodora's husband was an iconoclast. After his death, Theodora venerated an icon of the Theotokos in front of Patriarch Methodios. The other faithful in the church did the same, venerating all the icons, considering them to be representations of their original elements, not idols. Theodora prayed to God to forgive her husband during the first week of Great Lent; and on the First Sunday of the Fast, she led the way in hanging up the icons to adorn the churches.

O invariant Icon of the Father, through the intercessions of Thy holy Confessors, have mercy on us. Amen

St. Basil Liturgy Megalynarion

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

إنَّ البَرايا بِأَسرِها، تَفرَحُ بِكِ يا مُمتَلِئَةً نِعمَةً: مَحافِلَ المَلائِكَةِ، وَأَجناسَ البَشَر. أَيَّتُها الهَيكَلُ المُتَقَدِّس، والفِردَوسُ النَّاطِقُ، فَخرُ البَتولِيَّةِ مَريَم، التي مِنها تَجَسَّدَ الإلَهُ، وصارَ طِفلًا، وَهوَ إِلَهُنا الذي قَبلَ الدُّهور. لِأَنَّهُ صَنعَ مُستَودَعَكِ عَرشًا، وَجَعَلَ بَطنَكِ أَرحَبَ مِن السَّماوات. لِذَلِكَ يا مُمتَلِئَةً نِعمَةً، تَفرَحُ بِكِ كُلُّ البَرايا وَتُحَجِّدُكِ.



Archbishop of New York and Metropolitan of All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

The Sunday of Orthodoxy, March 13, 2022

To be read from the pulpit and printed in the bulletin.

Brother Hierarchs, Reverend Clergy, and Beloved Faithful in Christ:

Greetings and blessings to you in the name of our great God and Savior, Jesus Christ! As we reach the end of the first week of Great Lent, I pray that God will give all of you good strength to complete the course of the Fast with firm devotion and spiritually enriching temperance.

Today we celebrate the triumph of the true Faith over the heresy of iconoclasm and over all other false teachings that have threatened to undermine the glorious gospel of our Lord Jesus Christ—"the Faith once and for all delivered to the saints" (Jude 3). The Church's perennial struggle against heresy is one reason why theological education is so crucial. Without well-educated clergy capable of teaching the Faith, such rabbit trails of human foolishness would have led us far astray from the path of salvation. The Church cannot survive without knowledgeable and wise priests, who bring God's saving words to us—the divine law that brings life. This is a particular ministry of priests, and God's people hunger for it, as the Holy Prophet Malachi says: "The lips of a priest will maintain knowledge, and [the people] will seek the law from his mouth because he is a messenger of the Lord Almighty" (2:7).

Every year on the Sunday of Orthodoxy, we ask you to contribute in support of our seminarians who are preparing for ministry in the holy priesthood. These young men have turned their backs on lucrative worldly careers and accepted God's calling to serve His people. Many come with wives and children to support. As an archdiocese, we have always joined together to help shoulder this burden and support our seminarians, providing them with scholarships and housing aid.

Once again, I ask you to donate generously in support of our seminarians and their families. Through your gifts you will help prepare these men to be the spiritual leaders of the next generation, proclaiming God's saving word and leading us on the path of salvation. Let us stand by them now, just as they will stand with us for many years to come.

Wishing you all a soul-profiting remainder of the Fast, I remain,

Yours in Christ,

T_Metropolitan Loseph

+JOSEPH

Archbishop of New York and Metropolitan of all North America

Second Collection Today!

For the Archdiocesan Seminarian Fund!



The Synodikon (Confession of Faith) of the Sunday of Orthodoxy

As the prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ Awarded, thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshipping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all and accordingly offering them veneration. (Louder) This is the Faith of the Apostles, This is the Faith of the Orthodox,

This is the Faith which has established the Universe.

إننا كما عاينت الأنبياء، كما علّمت الرسل، كما تسلّمت الكنيسة، كما اعتقد المعلمون، كما اتفقت آراء المسكونة معاً، كما أشرقت النعمة، كما اتضح الحق، كما انطرد الكذب، كما استعلنت الحكمة، كما جاد المسيخ بالجوائز، هكذا نعتقد، هكذا نتكلّم، هكذا نكرز، مُنذرين بالمسيح إلهنا المسكونة».الحقيقي، ونكرم قديسيه، بالأقوال والتأليفات والمعاني والضحايا والهياكل والأيقونات. فأما المسيخ فنسجد له كسيد والمي ونعبده، وأما القديسون فنكرمهم لأجل السيد والمه ونعبده، وأما القديسون فنكرمهم لأجل السيد العمومي، كخدام له أخصاء، ونقدم لهم السجود بحسب النسبة (بصوت مرتفع) هذا إيان الرأي، هذا المان قد وطّد المسكونة.

PRIEST: Therefore, with fraternal and filial love we praise the heralds of the faith, those who with glory and honor have struggled for the faith, and we say to the champions of Orthodoxy:

... to the pious emperor Constantine and his mother Helen, to the pious grand prince Vladimir and his grandmother Olga, Equals-to-the-Apostles, to all faithful emperors, empresses, kings, queens, princes and princesses, and to all sovereigns who have defended the Orthodox faith; **May their memory be eternal!**

... to the most-holy patriarchs of Rome, Constantinople, Alexandria, Antioch, Jerusalem, Moscow, Georgia, Serbia, Romania, and Bulgaria, who have rightly defined the Orthodox faith; **May their memory be eternal!**

 \dots to the great hierarchs and ecumenical teachers: Athanasios and Cyril of Alexandria, Basil the Great,

Gregory the Theologian, John Chrysostom, Methodios and Cyril, Gregory Palamas, Mark of Ephesos, and to all hierarchs and teachers who have rightly taught the Orthodox faith; **May their memory be eternal!**

... to the martyrs, and to all who have suffered and fallen in the defense of the Orthodox faith; **May their memory be eternal!**

... to the confessors, and to all the faithful who have fallen asleep in true faith and piety in the hope of the resurrection: **May their memory be eternal!**

CHANTER: May their memory be eternal (3 times).

<u>PRIEST:</u> Let us beseech God that we may be instructed and strengthened by the trials and struggles of these saints, which they endured for the faith even unto death, and by their teachings, entreating that we may to the end imitate their godly life. May we be deemed worthy of obtaining our requests through the mercy and grace of the Great and First Hierarch, Christ our God, through the intercessions of our glorious Lady, the Theotokos and ever-virgin Mary, the divine angels and all the Saints. AMEN! (Now Recite The Creed)

THE NICENE-CONSTANTINOPOLITAN CREED

People: I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds, Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by whom all things were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified also for us under Pontius Pilate, and suffered and was buried. And the third day He rose again, according to the Scriptures. And ascended into heaven, and sits at the right hand of the Father. And He shall come again with glory to judge the living and the dead, whose Kingdom shall have no end. And I believe in the Holy Spirit, the Lord, and Giver of Life, who proceeds from the Father, who with the Father and the Son together is worshipped and glorified, who spake by the Prophets. And I believe in one, holy, catholic and apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the

الشعب: أُوْمِنُ بإله واحِدٍ، آبٍ ضابِطِ الكُلِّ، خالِقِ السَّماء والأرْضِ، كُلِّ ما يُرى وما لا يُرى، وبِرَبِّ واحِدٍ يَسُوعَ المَسيحِ، ابْنِ اللهِ الوَحيدِ، المَوْلودِ مِنَ الآبِ قَبلَ كُلُّ الدُّهورِ، نُورٍ مِن نُورٍ، إله حَقُّ مِن إله حَقّ، كُلُّ الدُّهورِ، نُورٍ مِن نُورٍ، إله حَقًّ مِن إله حَقّ، مَوْلودِ غَيرِ مَخْلوق، مُساوِ لِلآبِ في الجَوْهَر، الذي بِه كَانَ كُلُّ شَيْء. الذي مِنْ أَجْلِنا نَحْنُ البَشَر، وَمِنْ أَجْلِ خَلاصِنا، نَزَلَ مِنَ السَّماء، وتَجَسَّدَ مِنَ الرُّوحِ القُدُسِ وَمِنْ مَرْيَمَ العَذْراء، وتَأَنَّسَ، وصليبَ عنَا على عَهْدِ وَمِنْ مَرْيَمَ العُذراء، وتَأَنَّسَ، وصليبَ عنَا على عَهْدِ بيلاطُسَ البُنطيّ، وتَأَلَّمَ وقُبِرَ، وقامَ في اليَوْمِ الثَّالِثِ على ما في الكُثبِ، وصَعِدَ إلى السَّماءِ، وجَلَسَ عَنْ يَمِينِ الآبِ، وأيضاً يَأْتِي مِجَدٍ لِيَدِينَ الأَحْياءَ والأَمْوات، الذي لا فَناءَ لِمُلكِه.

لا فناءَ لِمَلْكِه.
وبالرّوحِ القُدُسِ، الرَّبِّ، المُحْيِي، المُنْبَثِقِ مِنَ الآبِ،
الذي هُوَ مَعَ الآبِ والابنِ مَسجُودٌ لَهُ ومُمَجَّدٌ، الناطِقِ
بالأنبياءِ، وبِكَنيسَةٍ واحِدةٍ جامِعَةٍ مُقَدَّسَةٍ رَسوليَّةٍ،
وأَعْتَرِفُ مِعْمودِيَّةٍ واحِدةٍ لِمَغْفِرةِ الخَطايا، وأَتَرَجَّى
قيامَةَ المَوْق، والحَياةَ في الدَّهْ والآتي. آمين.

The Great Prokeimenon (Tone Seven)

Choir: Who is so great a God as our God? Thou art the God who workest wonders.

dead, and the life of the world to come. Amen.

- 1. Thou hast made Thy power known among the peoples. (*Refrain*)
- 2. And I said: Now have I made a beginning; this change hath been wrought by the right hand of the Most High. (*Refrain*)
- 3. I remembered the works of the Lord; for I will remember Thy wonders from the beginning. (*Refrain*)

الجوق: أيُّ إله عَظيمٌ مَثْلَ إلهِنا؟ أنتُ هوَ اللهِ الصانِعُ العَجائِبَ وَحْدَك.

١. أَعْلَمْتَ الشُّعوبَ بِقُدرَتِكَ. إفْتَدَيْتَ بِذِراعِكَ
 شَعْنَكَ. (اللازمة)

٣. أَذْكُرُ أَعْمَالَ الرَّبِّ. فَإِنِّي أَتَذَكَّرُ مُعْجِزاتِكَ مُنْـذُ القَديــم. (**اللازمــة**)



March 70

March 77

April 03

TODAY

March 13 March 20

March 27

April 03

March 13, 2022

TODAY EPISTLE READER

English: Andrea Abu-Akel Arabic: Nadia Jahjah





HOLY BREAD OFFERING

TODAY -Sunday School Staff For the good health of their students and staff celebrating birthdays in February March 13

> -Suhel and Najwa Turjman For the good health of their family

-Elsa Herrmann For the good health of Noemí Christodoulos and Elsa Merino

-Baseel and Abeer Farah

For the good health of their family -Suhel and Najwa Turjman

For the good health of their family -George and Myrna Khouri

For the good health of their family especially Taima and Thaer Khouri -Suhel and Najwa Turjman

For the good health of their family -Fateh and Sonia Daya For the good health of their family

-Suhel and Najwa Turiman For the good health of their family

COFFEE HOUR SPONSOR

-Rafic Faraj Rabbah

For the good health of his family

-Baseel and Abeer Farah

For the good health of their family -Fateh and Sonia Daya

For the good health of their family -NPFN

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.

ALTAR VIGIL CANDLE The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).					
March	Mouna Dahlan & Family Tony and Vivian Zammar & Family For the good health of their family Maria Barake & Family For the good health of their family and the Palestinian People				
April	Mouna Dahlan & Family Maria Barake & Family For the good health of their family and the Palestinian People				
June	Mouna Dahlan & Family Maria Barake & Family For the good health of their family and the Palestinian People				
July	Mouna Dahlan & Family Maria Barake & Family For the good health of their family and the Palestinian People				
	PRAYER LIST				
Pray	Prayer List of the Living Prayer List of the +Departed				
Our Sunday School Staff and Students; Suhel and Najwa Turjman & family; Noemí Christodoulos; Elsa Merino; David Estevez; Ibrahim Ghanim; The Entire Sayfie Family; Mouna and Laura Dahlan, Wadih Mabardi, Aregash Gebriel, Susan Panayotti Elias, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Julian Kazal, Jean Joseph, Elias Dababneh, Martha Alfonso, Tala Ayyad, Kiwan Khoury; Najat Zacur, Marwan Farah, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan.		+Kamalah Butrus +Remah Khouryieh +Douglas Peel +Emile Farah +Ibrahim Khoury +Archdeacon David Nimer +Dr. Eugene Sayfie +Dr. Maurice Bardawil +Michael Dahlan +Michel Husson +Samira Abou Rjaily +Jorge Diab Zacur +Kareem Zakharia			

+Asmerom Beyene



Cathedral Calendar



<u>Today:</u>	Orthros (Matins)	9: l5 a.m.
-	Divine Lituray	10·30 a m

After Communion Sunday School

Procession with Icons

After Divine Liturgy Mon., Mar. 14 6:30 p.m.

صَلاة النَّوم الكُبري <u>Great Compline Service</u> Tue.. Mar. 15 Love Ball Committee Meeting 6:30 p.m.

___القُدُسات السَّابق تَقْديسُها ____Presanctified Liturgy Wed., Mar. 16 6:30 p.m. Fri. Mar. 18 <u> 2nd Akathist Service</u> صلاة المديح 6:30 p.m.

AW Potluck & Creative Arts Workshop After Akathist

Sat., Mar. 19 Great Vespers 5:00 p.m.

Lenten Humanitarian Drive All of Great Lent

Save the Date!

Cathedral Lenten Retreat with Fr. Michael Marcantoni April 1st_3rd 2022 Order of St. Ignatius Golf Outing (New Date)

April 28th, 2022



ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA Department of Camping Ministry CAMPING@ANTIOCHIAN.ORG



2022 St. Ignatius Financial Assistance for Camps

As our Camp Directors are quite busy preparing for this summer and for the many blessings that our camp ministry brings to our young people, summer camp would not be possible without the generosity from the National Board of the Order of St. Ignatius, which generously provides financial assistance to each parish to assist families to send their children to camp. Like every year, our parish has received \$700 in assistance from the National Board of the Order, which may be divided up to no more than 7 campers from our parish and can be applied to any of our recognized camps (Camp St. Thekla or Antiochian Village). If you are interested in receiving this aid, PLEASE CONTACT FR. JOSEPH.

OUR JOURNEY TO PASCHA! 2022

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

1st Sunday of Lent

MARCH 13th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY OF ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel:

John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent

MARCH 20th



ST GREGORY PALAMAS

Hebrews 1:10-2:3 Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent

MARCH 27th



VENERATION OF THE HOLY CROSS

Epistle: Hebrews 4: 14-5:6 Gospel: Mark 8: 34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent APRIL 3rd



ST JOHN of the LADDER Hebrews 6:13-20

Epistle: Mark 9: 17-31 Gospel:

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent

APRIL 10th



ST MARY of EGYPT

Epistle: Hebrews 9: 11-14 Gospel: Mark 10: 32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!

APRIL 17th GREAT WEEK BEGINS



GREAT AND HOLY WEEK ENTRY OF OUR LORD INTO JERUSALEM

Epistle: Philippians 4: 4-9 John 12: 1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY

APRIL 22nd



GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!

APRIL 24th NO FASTING! BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: Jan 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

March is Antiochian Women's Month!

The Antiochian Women will be ushering, reading the epistles, and serving during this month. Let us show our love and appreciation to our beautiful ladies by supporting their projects, events, and many endeavors!



GREAT LENT 2022 SCHEDULE OF SERVICES					
SUNDAY OF ORTHODOXY (Sunday March 13)					
Monday March 14	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 р.т.		
Wednesday March 16	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 p.m.		
Friday March 18	2nd Akathist	(صلاة المديح)	6:30 p.m.		
Saturday March 19	Great Vespers	(صلاة الغروب)	5:00 p.m.		
SUND	PAY OF ST. GREGORY OF PALAMA	AS (Sunday March 20)			
Monday March 21	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.		
Wednesday March 23	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 р.т.		
Thursday March 24	Great Vespers for Annunciation	(صلاة الغروب)	6:30 p.m.		
Friday March 25	Feast of Annunciation & Akathist	(عيد البشارة وصلاة المديح)	6:30 р.т.		
Saturday April 26	Great Vespers	(صلاة الغروب)	5:00 p.m.		
	SUNDAY OF THE HOLY CROSS (S	unday March 27)			
Monday March 28	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 р.т.		
Wednesday March 30	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 р.т.		
Friday April 01	4th Akathist	(صلاة المديح)	6:30 р.т.		
Saturday April 02	Great Vespers	(صلاة الغروب)	5:00 p.m.		
SUNDAY OF ST. JOHN CLIMACUS (Sunday April 03)					
Monday April 04	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.		
Wednesday April 06	Little Compline	(صلاة النوم الصغرى)	6:30 p.m.		
Thursday April 07	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 р.т.		
Friday April 08	Great Akathist	(صلاة المديح الكبير)	6:30 р.т.		
Saturday April 09	Great Vespers	(صلاة الغروب)	5:00 p.m.		
SUNDAY OF ST. MARY OF EGYPT (Sunday April 10)					
Monday April 11	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 р.т.		
Wednesday April 13	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 р.т.		
Friday April 15	Canon of St. Lazarus	(قانون العازر)	6:30 р.т.		
Saturday April 16	Lazarus Saturday Liturgy	(سَبِّت العازر)	10:00 a.m.		
	Great Vespers	(صلاة الغروب)	5:00 p.m.		

Great Lent Fast

During the Great Fast, we abstain from meat, poultry, eggs, dairy, fish, wine, and -in some monastic traditions- olive oil Monday through Friday, with katalysis (or slight relaxation of the fasting regimen) for wine and olive oil on Saturday and Sunday.

You are invited to participate in the

Sunday of Orthodoxy

Pan-Orthodox Vespers March 13, 2022

Holy Gross Romanian Orthodox Church 6232 Fillmore St, Hollywood, FL 33024

(954) 983-0592 http://www.sfantacruce.com/

5pm Vespers | Reception Follows

Homily offered by Fr. Stephen Powley, who spent his career as a Prison Chaplain, and helped found the Orthodox Christian Prison Ministry (OCPM)





2nd Annual Golf Outing

NEW DATE: THURSDAY, APRIL 28, 2022

INTERNATIONAL LINKS MELREESE COUNTRY CLUB
12:00PM REGISTRATION, 1:00PM START

Must Be Early to the Shotgun Start

\$175/GOLFER OR \$600/FOURSOME

Due with Reservation | Includes Golf Cart, Greens Fees, Practice Tee, Swag Bag, Refreshments, Boxed Lunch and Dinner Dinner Only Tickets Available - \$50

DINNER & AWARD CEREMONY TO FOLLOW

ALL PROCEEDS WILL BENEFIT
THE DR. ERNEST SAYFIE CAMP SCHOLARSHIP FUND
& DR. EUGENE SAYFIE EDUCATIONAL SCHOLARSHIP FUND

For More Information and Reservations: 305-444-6541 or TheOrder@StGMiami.org
International Links Melreese Country Club: **1802 NW 37th Ave, Miami, FL 33125**



Order Of St. Ignatius' 2nd An nual Golf Outing Sponsors



Gold Sponsors:

The Eugene J. Sayfie Family

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Judy Sayfie & Family

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50/50 Raffle Pot

As of Friday currently at \$1,800.00

Minimum Prize Guaranteed at \$900

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Jan T. Sayfie

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Jan T. Sayfie

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Elias "Uncle Louie" & Ernestine Ede

The Order of Saint Ignatius' 2nd Annual Golf Outing **Tee Signs**

El Haj Family

For the Good Health of ERNESTINE (Sit) & Louie (Jid)

JOHN SAYFIE

For the Good Health of JUDY SAYFIE

Dr. Waleed and Marie Sneij

In Loving Memory of Uncle Ernie



Miami Lakes, Ft. 33016 Bus. 305-698-6892 Fax 866-462-1977 www.edwardjones.com/engel-morales California Insurance License DC24309

Edward Jones

In Loving Memory of Uncle Gene

For the Good Health of our

Very Right Reverend Bishop Nicholas Ozone

May God Grant Youu Many Years!

For The good health of SUBDEACON ELIE & THERESA. ELOISE AND EVA BARDAWIL

DOMENIC ALOISE

in Loving Memory of BISHOP ANTOUN of Thrice Blessed Memory



For the Good Health of ANDREW and MICHAEL ABU-AKEL on their 16th Birthday!!

THE BARKLEY CONSULTING GROUP

LUKE SAYFIE

REGENCY CLEANERS

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LOUIF & FRNESTINE FDE

JAMES SAYFIE

For the Good Health of ANTOINE & HIAM NAHAS

Richard & Renee Kuci

RUSSELL BASSET & FAMILY

In Loving Memory of **Metropolitan PHILIP SALIBA** of Thrice **Blessed Memory**

JAHJAH FAMILY

Osama, Nadia, Georgina, Farid, and Lubna & Angel



DR. SHALH

Rumberger Kirk

For the Good Health of Amani, Christopher, Kristiana, Wanna

JANNA SAYFIE

For the Good Health of

His Eminence Metropolitan Joseph

May God Grant you Many Years!



FOR THE GOOD HEALTH OF OUR DEAN FATHER JOSEPH ABOUID, KHOURIEH CAROL, AIDAN AND HAVEN

JONATHAN NICHOLS

Jan T. Savfie

SAYFIE LAW FIRM

For The Good Health of the ABU-AKEL and MICKEL Families

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Dr. David & Laura Ede & Family

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DOUGLAS EDE

ANTIOCHIAN WOMEN INVITE YOU TO JOIN US FOR A KNITTING GATHERING

EVERY FRIDAY AFTER THE AKATHIST STARTING FROM MARCH 11,2022



320 PALERMO AVE | CORAL GABLES, FL | 305.444.6541 | WWW.STGMIAMI.ORG

2022 Saint George Cathedral Paschal (Easter) Bake Sale Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida Delicious Middle Eastern Pastries

ADVANCE ORDER FORM ORDERING DEADLINE: Sunday, April 3, 2022

PICK-UP DATE: Saturday night, April 23, 2022 (after Paschal Service) Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total
Paschal Basket	\$55		
Mammoul Dates Delectable date stuffed buttery cookie.	\$25		
Mammoul Nuts Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	\$25		
Ka'ak Bihaleeb Traditional Shortbread cookie flavored with a hint of Anise	\$20		
			\$

Ordering Deadline: will be Sunday, April 3, 2022

ALL PASTRIES ITEMS FREEZE WELL!

TO ORDER: Please mail check payable to "Saint George Cathedral" with order form to: Saint George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name:	
Phone: () Email Address:

PICK- Up Date: Saturday Night April 23, 2022(after Paschal Service)

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PASCHAL BASKET ITEM DESCRIPTION

On paschal night we bring a wicker basket full of food we abstained from during Great Lent. After the midnight Paschal Liturgy, we all gather together to bless the Paschal baskets and enjoy breaking the fast. We light the candles and the priest offers the special Paschal Blessing to celebrate the Resurrection of Christ! These baskets have been prepared with many of the foods from which we've been fasting during Great Lent. Several foods are traditionally included in the basket: yeast bread, wine, cheese, Sausage, Mamoul Nuts and Dates, Kaak Bihalib and a red eggs. Each item in the basket has symbolic meaning.



<u>Paschal</u> – The Easter Bread, a sweet, yeast bread, rich in eggs and butter. Symbolic of Christ Himself, who is "the Bread of Life." John 6:35. This bread is usually a round loaf baked with a golden crust and decorated with a cross.



golden crust and decorated with a cross.

<u>Cheese</u> - Remind us of the Promised Land, re-opened to us by Christ's Resurrection and which "land" we find in the Church, "a land of milk and honey." Exodus 3:17



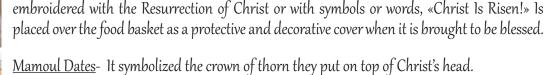
Sausage — a spicy, garlic sausage of pork products indicates God's favor and generosity. Smoked and fresh kielbasa are customarily in the basket.



<u>Hard Boiled Eggs</u> — As the chick emerges from the confinement of the shell, so Christ resurrects from the tomb. St. Mary Magdalene appeared to Tiberius Caesar and greeted him with a red egg and the words, "Christ is Risen!" As we crack our hard-boiled eggs on Easter, it is traditional for two people to crack them together. The first says, "Christ is Risen!" and the second replies, "Indeed, He is Risen!"

<u>Cover-</u> These articles are placed in a sizable wicker basket and a light colored or pastel ribbon

Is tied to the handle. A decorated candle Is included In the basket along with the foods and Is lighted at the time of the blessing and during the Resurrection meal. A linen covering usually





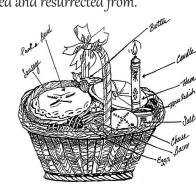
Mamoul Nuts- It symbolized the tomb where Christ was buried and resurrected from

Mamoul Nuts- It symbolized the tomb where Christ was buried and resurrected from.



Wine- Represents the blood of Christ.

Ka'ak Bi Halib - Containing milk, a sign of new life, this cookie symbolizes the resurrection.



Saint George Cathedral Antiochian Women

FAITH MOUNTAINS

Matthew 17:20

THE SAINT GEORGE ANTIOCHIAN WOMEN'S PRAYER CIRCLE
WILLUNITE IN PRAYER

FOR THE HEALTH OF THE SICK AND THE SUFFERING,
AND THOSE WHO ARE IN NEED

EVERY SUNDAY EVENING AT 9:00 P.M. (INDEPENDENTLY). BE ON THE LOOKOUT FOR A TEXT MESSAGE WITH THE LINK TO OUR PRAYER CIRCLE!

320 Palermo Ave, Coral Gables, FL AW@StGMiami.org | 305.444.6541



On Great and Holy Friday, as the Church commemorates the suffering, crucifixion, and burial of the Lord Jesus Christ, the Church anticipates the Resurrection of the Lord and those whom G will raise up - all your loved ones departed this life.

On this Great and Holy Friday (celebrated on April 22), the Antiochian Women of the Cathedral will publish the Great Friday Remembrance Bulletin commemorating the names of all your loved ones departed this life and who have fallen asleep in the Lord.

To have the names of your departed loved ones who have fallen asleep in the Lord included in the Great Friday Remembrance Bulletin, please complete the information below and return it to the Cathedral Office with your donation no later than Thursday, April 13, 2022.

Your departed loved ones, whose names you include below, will be remembered at the Holy Saturday morning Liturgy on Holy Saturday, April 23, 2022, at 9:00 a.m.

Enclosed is my donation in the amo	nt of\$
Family Name:	
Please print the names of your depa Bulletin:	ted loved ones below as you wish them to appear in the Great Friday Remembranco
Mailing Address:	
Telephone Number:	Email Address:



Saint George Antiochian Orthodox Cathedral, Coral Gables, FL 81 Stewardship Commitments received as of March 12, 2022

Thank you for your generous support and growing the Saint George Cathedral Family!!!

Mr. & Mrs. Atalla and Andrea Abu-Akel	Mrs. Amal Hakim	Mr. & Mrs. Charles & Diana O'Brien
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Dr. Diane Ede-Nichols	Mr. & Mrs. George & Widaa Khoury	Mr. & Mrs. Nasser and Tania Soufia
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Dr. & Mrs. Youssef Eiad and Leen Daghir	Dr. Nicholas Mabardi	Ms. Amani Wanna
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Mr. & Mrs. Judeh and Muna Ghawali	Prof. & Mrs. Antoin and Hiam Nahas	Mr. & Mrs. George and Naife Zammar
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Ms. Jamal Habib	Mrs. Patricia Nimer	Mr. & Mrs. Michael and Edilia Zammar
Mr. & Mrs. John and Lisa Haddy	Mr. Roger Nimer	Mrs. Latife Zyne

If you have not already done so, please complete and submit a 2022 Stewardship Form-keeping our records accurate is important to us. Any errors above, please contact the Church Office.

THE DUTIES OF CHURCH MEMBERS TO THE CHURCH

Editor's note: The following is from a booklet published by our Archdiocese in 1956. Some of the references are admittedly culturally dated because they reflect the circumstances of the 1950's in America. We print it here because it shows that the vision of our Church hierarchy for church membership and leadership has remained consistent. In the past we printed documents of St. Raphael expressing the same Orthodox vision for the Church on these American shores. This unsigned document is from the office, and I believe the pen, of Metropolitan ANTONY (Bashir).

PART 8: BE LOYAL TO THE CHURCH

The Church has incurred criticism and endured attack in every age. Much of this arises from the sheer enmity of the forces of evil. Let the Church move against war, economic injustice, political corruption, crime, or vice, and the world's hostility is quickly aroused. Church members should be prepared intelligently to defend the good name of the Church, instead of weakly acquiescing in the wholesale criticism of it. It goes without saying, surely, that members of a parish should refrain from disparaging its efforts and magnifying its failures, or spreading evil reports of its members or officers. How blameworthy are those who publish far and wide the misdeeds of a priest! If trouble arises in the life of the parish, the matter should not be aired in public but rather treated as a family affair.

Our duty as loyal members of the Church is to listen to the voice of Christ teaching through His Church; obey its teachings; give glory to God by our good lives, and help others to find their way into the Church. We are disloyal to God and the Church when we sin by irreligion and sacrilege and superstition, and when we fail to walk in God's paths, do not love Him and do not serve Him with our whole heart and soul (Deuteronomy 10:12). We are guilty of sacrilege when we treat persons, places or things consecrated to God irreverently. How can we expect others to respect our churches, if we ourselves do not. Those people who make use of charms and amulets, who resort to fortune tellers and other superstitious practices, are also disloyal to the Church and God.

Those who leave the Church in times of persecution, or to make a good marriage, or for business purposes, or for some other unworthy motive sin greatly against God and the Church, and through this disloyalty bring down upon themselves the harsh condemnation of God. St. Cyprian said, "He cannot have God for a Father, who has not the Church for a Mother."

The parish needs your critical loyalty. You will undoubtedly discover aspects of its life and work which need improvement. Help to improve them. Attend parochial meetings and prepare yourself to vote intelligently. State your convictions but be ready to accept the will of the majority

(Article to be continued next week!)



Food for Hungry People 2022 48th Anniversary

13 How many mirrors are in your home? Pay .15 for each. Let your "mirror" reflect the image of one who cares.	14 Count the locks in your home. Pay .20 for each lock. Let's "unlock" the door that gives hope to the hungry.	How many rings do you have? Deposit .15 per ring. This will help us b"ring" food to the hungry!	16 How many eggs are in your refrigerator? Pay .15 for each. Hungry people have to "scramble" for their food.	17 How many doors does your home have? Pay .20 for each. Help open a "door" to a better future for the world's hungry.	18 Have everyone in the family deposit all the loose change they have in their pockets or purses. It makes "cents" to help the hungry	19 How many electrical outlets are in your kitchen and living room? Pay .15 each. You'll get a "charge" out of feeding the hungry.
"Button up your overcoat" - so simple to do. They are not only hungry but very cold too. Deposit .50 for each coat in your home.	21 For every cellphone in your home, pay .30. It is "long distance" to hungry areas in most parts of the world. Let's make it a toll free number.	22 How many extension cords do you have in your home? Pay .25 for each. Let's "extend" a helping hand to those who need it.	23 For each pie or cake in your home, deposit .40. We should never "dessert" the hungry.	24 How many Apple products do you own? For every one deposit .35. Let's never "tune out" the hungry.	25 For every salt and pepper shaker, pay .25. Let's all "sprinkle" their lives with a little seasoning.	26 For every TV show that was watched today pay .35. TV helps us see around the world, this money will help us feed the hungry around the world.
How many computers do you own? Pay .30 for each. Let's take a "byte" out of hunger!	28 How many pictures do you have on your walls? Just "picture" yourself without food & deposit .15 for each picture.	29 Pay .30 for each pair of contacts or eyeglasses you have. This will help us "see" clearly the need of caring for the hungry.	30 Do you have musical instruments in your home? Pay .75 for each. This is a "key" to sharing and caring.	31 How many phone chargers can you find in your home? Pay .25 for each. You'll get a "charge" out of helping the hungry.	APRIL 1 Count your tea or coffee cups and deposit .10 each. Our "cup" runneth over, so let's fill theirs.	2 "I've got my love to keep me warm," that's true, but the hungry have only you. Pay .15 for each blanket in your home.

Don't forget to pick up your

Food For Hungry People Coin Box!

Please remember to return the Coin Boxes filled during Holy Week.

Christ Is Risen!					FFHP	OOD OR UNGRY EOPLE
17 How many eggs are you going to color for Pascha? Pay .05 for each. Let's help "color" their world with love!	18 "Brother can you spare a dime?" or maybe two? The FFHP program really depends on you. Put your dimes in the box.	19 How many songs are on your playlist? Pay .05 for each song. Let's make this a "record- breaking" year for FFHP!!!	20 How many songs have you listened to today? Pay .15 for each. Let's stay "in tune" with the hungry.	How many crosses do you have? Pay .15 each. Crosses remind us of Christ's suffering, let's not make the hungry suffer anymore.	"A dream is a wish your heart makes," and our dream is for hunger to stop. For the wishing, is for FFHP program to go over the top!	We pray you have been generous in your almsgiving. "For inasmuch as you have done it unto the least of these my brethren, you have done it unto ME!"
10 "Hey Big Spender" drop a coin in the slot- give unto others what they haven't got! Put in a coin or bill of your choice.	11 How many heads of lettuce are in your refrigerator? Pay .30 for each. "Lettuce" show the hungry that we care.	12 Count the cans in your cupboard. Pay .05 for each. Don't let their cupboards be like "Old Mother Hubbard's!"	13 How many friends do you have on Facebook? Pay .05 for each friend. Let's be-"friend" those in need.	14 How many sweaters do you have? Pay .10 for each. Sweaters keep you warm. This is one time they won't mind if we "pull the wool over their eyes."	How many chairs are in your home? Pay .15 per chair. We can't just "sit" around when so many people are hungry.	16 How many cookbooks do you own? Pay .20 for each. We will be able to "cook up" a better recipe for the hungry to live by.
How many cars are in your family? You can't "Dodge" the hungry, but you can af"Ford" to pay .50 for each car.	"Day by day," from dawn till night, Hunger knows no hour - nor if it's day or night. Pay .20 for each lamp in your home.	How many cameras do you have? Pay .30 for each. This will help us make all "negatives" positives.	Pick up all the loose change laying around the house. Put it in your FFHP Box. This will help make a "change" in the world!	7 Count the scissors you have in your home and pay .25 for each pair. Let's "cut-out" the hunger in hunger-y!	How many members are in your family? Pay .20 for each. The hungry have families to feed also; let's make this a real "family affair!"	9 How many towels are in your home? If you pay .05 for each towel, this may help us "wipe out" hunger for all people.

"He who is kind to the poor lends to the Lord, and he will reward him for what he has done." Proverbs 19:17

Saint George Cathedral



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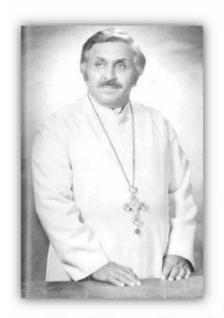
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Saint George Antiochian Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America Diocese of Miami and the Southeast Reverend Father Joseph Hector Abouid, Dean





Joyfully announces the fourth edition of

The Annual Archpriest Michael Husson Award

An Educational Scholarship given annually to an outstanding graduating High School Senior at Saint George Antiochian Orthodox Cathedral

All graduating High School Seniors at Saint George Cathedral are welcome to apply by completing the 2022 Graduation Form and

writing a brief essay (500 words minimum and 1500 maximum) answering the following question:

"For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ." (1 Cor 12:12) In light of this verse of St. Paul's first letter to the Corinthians, how do you understand different people with different backgrounds and different personalities to be part of the "one body" of Christ?
 Please submit form and essay to the Cathedral Office Sunday, May 1st, 2022.

This year's recipient will be awarded on Saturday May 21st, 2022, during this year's "Love Ball."

Father Michael Husson served as Dean of Saint George Cathedral from 1958-1986. Still loved by the entire community, he was/is known as the "People's Priest."

May the memory of Father Michael be eternal!

Saint George Antiochian Orthodox Cathedral

Coral Gables, Florida

Save the Date

"Put on LOVE, which binds everything together in perfect harmony." Colossians 3:14



"One Family in Christ"

Honoring our Fall 2021 & Spring 2022 Graduates, Medal of Merrit Recipients, Dean's Certificate Recipients and this year's Fr. Michael Husson Scholarship Award Recipient.

Saturday, May 21, 2022

320 Palermo Avenue, Coral Gables, Florida 33134

Formal Invitation to Follow | FORMAL ATTIRE (305) 444-6541 | www.StGMiami.org

Basic Church-life Needs

A very natural and loving manner in which Orthodox Christians can participate in the life of the Church is by simply providing even the most basic items. If we provide our own home with the necessities, how much more should we take care that the House of God is properly supplied? This is not to replace monetary stewardship but rather a beautiful opportunity to keep The House of God, in all aspects of our life, the top priority. Please consider, the next time you are buying for yourself, to also buy for God's house:

ITTLIC	A DDD OVILLATE DOLLATION WALLE	CTATUC
ITEMS	APPROXIMATE DONATION VALUE	STATUS
Candles for Lenten Season	Any amount is welcomed	OPEN
Sacramental Wine	\$35 <i>0</i>	OPEN
Flowers Week 1	\$65	DONATED
Akathist Icon Theotokos	¥63	DONAILD
Flowers Week 2	\$65	OPEN
Akathist Icon Theotokos	¥05	OTEN
Flowers Week 3	\$65	OPEN
Akathist Icon Theotokos	¥03	OTEN
Flowers Week 4	\$65	OPEN
Akathist Icon Theotokos	¥05	OI LIN
Flowers Week 5	\$65	OPEN
Akathist Icon Theotokos	ΨΟΘ	OI EN
Sunday of the Veneration of The Holy	\$70	OPEN
Cross	Ψ / O	OI EN
Palm Sunday Palms	\$220	DONATED
Olive Oil - Holy Wednesday	\$20	OPEN
Wreath Flowers	Any amount is welcomed	OPEN
Holy Thursday	Any amount is welcomed	UFEN
Ribbons: Holy Friday/Pascha	\$50	DONATED
Bay Leaves	\$95	OPEN
Holy Saturday Morning	ψθθ	OFEN
Paschal Lillies	\$100	OPEN

To donate towards one or more of these items, please contact Mrs. Yolla Hayek or Fr. Joseph.





Contact Information



Office Hours: Monday 11:00 a.m. - 3:00 p.m.

Tuesday - Friday 9:00 a.m. - 3:00 p.m.

Address: 320 Palermo Ave., Coral Gables, FL 33134

Phone: (305)444-6541 Fax: (305)445-6530

Office Email: Office@stgmami.org

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