

The Orthodox Christian Faith proclaims the Gospel of Jesus Christ, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the One, Holy, Catholic (Universal), and Apostolic Church that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in God the Father, through Jesus Christ, and sustained by the Holy Spirit. Visitor(s), please feel at home in prayer and worship. Only those who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

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Cathedral Dean



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"The disciples were first called Christians in Antioch."

Acts 11:26

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# DIVINE LITURGY OF ST. BASIL THE GREAT تغییرات فی القدّاس

# CHANGES IN THE DIVINE LITURGY

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this Weekly Bulletin for the changes in today's Divine Liturgy (SEE BELOW).

~ After the Great Litany ~

# The First Antiphon

The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so that it shall never be moved.

# Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Who can utter the mighty acts of the Lord? Who can cause all his praises to be heard? Let the redeemed of the Lord say so, whom He hath redeemed from the hand of the enemy (Refrain)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto ages of ages. Amen. (Refrain)

# الأنتيفونا الأولى

الرَّبُّ قَد مَلَكَ، وَالجَلالَ لَبِسَ. لَبِسَ الرَّبُّ القُـوَّةَ وتَمَنْطَـقَ بِهَـا. لأَنَّـهُ ثَبَّـتَ المَسْـكُونَةَ فَـلا تَتَزَعْــزَع.

# اللازمة: بِشَفَاعاتِ والدةِ الإلهِ يا مُخَلِّصُ خَلِّصْنــا.

مَنْ ذَا الَّذِي يُحَدِّثُ عَنْ عَظَائِمِ الرَّبِّ؟ مَنْ ذَا الَّذِي يُخَبِّرُ بِجَمِيعِ مَدَائِحِهِ؟ لِيَقُلْ هَلْ هَلْ مَفْدِيُّوا الرَّبِّ الَّذِينَ افْتَدَاهُمْ مِنْ أَيْدِي الأَعْدَاءِ. (اللازمة)

المجد للآب والابن والروح القدس. الآن وكل أوان وإلى دهـر الداهريـن. آمـين. (اللازمـة)

# ~ After the Second Litany ~

# The Second Antiphon

Let them praise the Lord for His mercies, and for His wonderful works to the children of men.

# Refrain:Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

Let them exalt Him in the congregation of the people, and praise Him in the seat of the elders. *(Refrain)* 

The eyes of the Lord are upon them that fear Him, upon them that hope in His mercy; to hear the groaning of the prisoners, to loose the sons of the slain. (*Refrain*)

Glory ... Both now... (O, only begotten Son and Word of God...)

# الأنتيفونا الثانية

َلْيُقِـرُّوا لِلـرَّبِّ بِمَرَاحِمِـهِ وَبِعَجَائِبِهِ لِبَنـي البَـشَرِ.

اللازمة: خَلِّصْنَا يَا ابْنَ الله، قَامَ مِنْ بَينِ الأَمْوات، لِثُرَتِّلَ لَكَ. الْمُوات، لِثُرَتِّلَ لَكَ.

ِيُعَظِّمُوهُ فِي مَجْمَعِ الشُّعُوبِ وَلْيُسَبِّحُوهُ فِي مَجْلِسِ الشُّيُوخِ. (اللازمة)

هَا إِنَّ عَيْنَي الرَّبِّ إِلَى الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَخَافُونَهُ، الَّذِينَ يَتَوَكَّلُونَ عَلَى رَحْمَتِهِ. لِيَسْمَعَ أَنِينَ المُعْتَقَلِينَ وَيَفُكَ أَبْنَاءَ المَائِتِينَ. (اللازمة)

المجد... الآن ... يا كلمةَ اللهِ الإبنَ الوحيد...

# ~ After the Third Litany ~

# The Third Antiphon

Let the heavens and the earth praise Him. This is the day which the Lord hath made; let us rejoice and be glad in it. O Lord my

God, I will give thanks unto Thee forever.

# الأنتيفونا الثالثا

لِتُسبِّحْهُ السَّمَاوَاتُ وَالأَرْضِ. هَـذَا هُـوَ اليَـوْمُ التَّهْا لَيُومُ اليَـوْمُ اللَّهُا وَلْنَفْرَحْ بِـهِ. أَيُّهَا اللَّبَدِي صَنَعَـهُ الـرَّبُّ فَلْنَتَهَلَّـلْ وَلْنَفْرَحْ بِـهِ. أَيُّهَا السَّبُ إِلَهِـي إِيَّاكَ أَحْمَـدُ إِلَى الأَبَـد.

# ~ During the Little Entrance ~ Apolytikion of the First Sunday of Great Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصورَتِكَ الطاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرانَ الخَطايا، أَيُّهَا الْمَسيحُ إلهُنا، لأَنَّكَ قَبِلْتَ أَنْ تَرتَفِعَ بِالجَسَدِ على الصَّليبِ طَوْعاً، لِتُنَجِّيَ الذينَ خَلَقْتَ مِنْ عُبودِيَّةِ العَدُوّ. لِذلِكَ نَهْتِفُ إليكَ بِشُكْرِ: لَقَدْ مَلَأْتَ الكُلَّ فَرَحاً يا مُخَلِّصَنا، إذْ أَتَيْتَ لِتُخَلِّصَ العالَم.

# The Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ, our King and Our God. Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.

هَلُمُّوا لِنَسْجُدْ ونَرْكَعْ لِلْمَسيحِ، مَلِكِنا وإلهِنا. خَلِّصْنا يا ابْنَ الله، الله، يا مَن قام مِن بَيْنِ الأموات، لِنُرَتِّلَ لَكَ. هَلِلوييا.

# ~ After the Little Entrance ~

# Resurrectional Apolytikion (Tone Eight)

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

انْحَـدَرْتَ مِـنَ العُلـوِّ يـا مُتَحَنِّن، وقَبِلْتَ الدَّفْنَ ذا الثَّلاثَـةِ الأيـام، لِـكَيْ تُعْتِقَنـا مِـنَ الآلامِ، فَيـا حَياتَنـا وقِيامَتَنَـا، يـا رَبُّ المَجْـدُ لَـك.

# Apolytikion of Saint George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls.

مَا أَنَّكَ للمأسُورِينَ مُحَرِرٌ ومُعتِقٌ، وللفُقَراءِ والمَسَاكينِ عاضِدٌ ونَـاصِرٌ وللمَـرضَى طبيبٌ وشَـافٍ وعـنِ المؤمِنـينَ مُكافِحٌ ومُحَـارِبٌ أيهـا العظيـمُ في الشُـهداءِ جاورجيـوسُ اللآبِـسُ الظَفَـر تَشَـفَّع إلى المسـيح الإلـهِ في خَـلاصِ نُفُوسِـنا.

# Kontakion For Sundays in Great Lent (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

إِنِي أَنَا عَبِدُكِ يَا وَالَدَةَ الْإِلَهِ \* أَكْتُبُ لَكِ رايَاتِ الْغَلَبَة \* يَا جُنْدِيَّةً مُحَامِيَةً \* وَأُقَدِّمُ لَكِ الشَّكْرَ كَمُنْقَذَةٍ مِنَ الشَّدائِد \* لَكِنْ مِا أَنَّ لَكِ العِزَّةَ التي لا تُحَارَب \* أَعْتِقِيني مِنْ صُنوفِ الشَّدائِد \* حَتَّى أَصْرُخَ إليكِ: إِفْرَحَى يَا عَروساً لا عَروسَ لَهَا.

# THE EPISTLE

Blessed art Thou, O Lord, the God of our fathers.

For Thou art just in all that Thou hast done for us.

# The Reading from the Epistle of St. Paul to the Hebrews. (11:24-26, 32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill-treatment with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of the Christ greater riches than the treasures of Egypt; for he looked to the recompense of reward. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

الرسالة

مُبارَكٌ أنتَ يا ربُّ إلهُ آبائنا. لأنَّكَ عادِلٌ في كُلِّ ما صَنَعتَ بنا.

فَصْلٌ مِنْ رسالةِ القديسِ بولسَ الرسولِ إلى العِبْرانِيين

يا إخْوةُ، بالإيمانِ موسى لمَّا كَبُرَ أَبِي أَنْ يُدْعَى ابْناً لِابْنَةِ فِرعَونَ. مُخْتاراً الشَّقاءَ مَعَ شَعْبِ اللهِ على التَّمَتُعِ الوَقْتِيِّ بالخطيئةِ. ومُعْتَبِراً عارَ المَسيحِ غِنىً أَعْظَمَ مِنْ كُنُوزِ مِصْرَ، لأَنَّهُ نَظَرَ إِلى الثَّوابِ. وماذا أقولُ أَيْضاً؟ إِنَّهُ يَضِيقُ بِيَ الوَقْتُ إِنْ أَخْبَرْتُ عَنْ جِدْعَونَ وبَاراقَ وشَمشُونَ ويَفْتاحَ وداودَ وصَموئيلَ والأنبياءِ. الذينَ بالإيمانِ قَهَروا المَمالكَ، وعَمِلُوا البِرَّ، ونَالوا المواعِدَ، ويَفْتاحَ وداودَ وصَموئيلَ والأنبياءِ. الذينَ بالإيمانِ قَهَروا المَمالكَ، وعَمِلُوا البِرَّ، ونَالوا المواعِدَ، وصَارُوا أَفواهَ الأُسُودِ. وأَطْفَأُوا حِدَّةَ النارِ، ونَجَوْا مِنْ حَدِّ السَّيفِ، وتَقَوَّوْا مِن ضَعْفٍ، وصَارُوا أَشِدَّاءَ فِي الحَربِ، وكَسَروا مُعَسْكَراتِ الأَجانِبِ. وأَخَذَتْ نِساءُ أَمواتَهُنَّ بالقيامَةِ. وعُدْبَ نِساءُ أَمواتَهُنَ بالقيامَةِ. وعُدْبَ أَنْ المَعْضاءِ والضَرْبِ، ولَمْ يَقْبَلوا بالنَّجَاةِ، ليَحْصَلُوا على قِيامَةٍ أَفْضَلَ. وآخرونَ ذاقُوا الهُزْءَ والجَلْدَ والقُيُودَ أَيْضاً والسِّجنَ. ورُجِمُوا، ونُشِرُوا، وامتُحِنُوا، وماتُوا بِحَدِ وحُمْوا، ونُشِرُوا، وامتُحِنُوا، وماتُوا بِحَدِ مُحْورونَ ذاقُوا الهُزْءَ والجَلْدَ والقُيُودَ أَيْضاً والسِّجنَ. ورُجِمُوا، ونُشِرُوا، وامتُحِنُوا، وماتُوا بِحَدِ مُعْورونَ مُضَايَقُونَ مَجهُ ودونَ, (ولَمْ يَكُنِ العالَمُ مُشَعْوداً لللهَ مَا عَلْمَ والبَعِالِ، والمَعْفَو المُوبِالِ، والمَعْود المَّرْضِ. فهؤلاءِ كُلُّهُمْ مَشْهوداً لَهُمْ بالإيمانِ، لَمْ يَنالوا المَوْعِدَ. لأَنَّ اللهَ سَبَقَ فنَظَرَ لنا شَيْئاً أَفْضَلَ، أَنْ لا يَكُمُلُوا بدونِنَا.

# THE GOSPEL



# The Reading from the Holy Gospel according to St. John. (1:43-51)

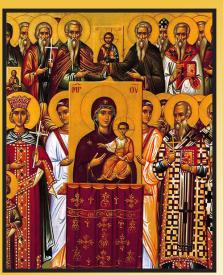
At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

# فَصْلٌ شَريفٌ مِنْ بِشارَةِ القِدّيسِ يوحنّا الإنْجيلِيِّ البَشير، والتلميذِ الطاهِر

في ذلكَ الزَّمانِ، أرادَ يسوعُ الحُروجَ إلى الجليلِ فَوَجَدَ فيلبُّسَ فقالَ لَهُ: اتْبَعْني. وكانَ فيلبُّسُ مِنْ بَيتَ صَيْدا مِنْ مَدينةِ أَنْدَراوسَ وبُطْرُسَ. فَوَجَدَ فيلبُّسُ نَثَنائيلَ، فقالَ لهُ: إنَّ الذي كَتَبَ عَنْهُ موسى في النَّامُوسِ والأَنْبياءِ قَدْ وَجَدْناهُ، وهُو يَسوعُ بْنُ يوسُفَ الذي مِنَ النَّاصِرة. فقالَ لَهُ نَثَنائيلُ: أَمِنَ النَّاصِرَةِ يُمْكِنُ أَنْ يَكُونَ شَيْءٌ صالِحٌ؟ فَقالَ لَهُ فيلِبُّسُ: تَعالَ وَانْظُرْ. فَرَأَى يَسوعُ نَثَنائيلَ مُقبِلاً إليهِ، فقالَ لهُ نَثَنائيلُ: مِنْ أين تَعْرِفُني؟ أَجابَ يسوعُ، وقالَ لهُ: قَبلَ أَنْ يَدْعُوكَ فيلِبُّسُ وأَنْتَ تَحْتَ التّينَةِ رَأَيْتُكَ. أَجابَ أَنْ يَدْعُوكَ فيلِبُّسُ وأَنْتَ تَحْتَ التّينَةِ رَأَيْتُكَ. أَجابَ لَكُ إِنْ لَكُ إِنْرائيلَ. أَجابَ يسوعُ وقالَ لهُ: لأَيْ قُلْتُ اللهِ اللهُ اللهِ اللهِ اللهِ اللهِ اللهَ اللهِ اللهُ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ اللهِ اللهُ اللهِ الهُ اللهِ اللهُ اللهِ اللهِ

After the Gospel, please turn to page 134 in the Red Service Book to follow the Divine Liturgy of St. Basil

# THE SYNAXARION



On March 21, in the Holy Orthodox Church, we commemorate the Venerable-confessor James the New, bishop of Catania; Thomas, patriarch of Constantinople; and New-martyr Michael.

On this same day, the First Sunday of the Fast, we make remembrance of the restoration of the holy and venerable Icons, which took place through the ever-memorable Sovereigns of Constantinople, Michael and his mother, Theodora, during the patriarchate of Saint Methodios the Confessor. This restoration was accomplished in the year 842. Theodora's husband was

an iconoclast. After his death, Theodora venerated an icon of the Theotokos in front of Patriarch Methodios. The other faithful in the church did the same, venerating all the icons, considering them to be representations of their original elements, not idols. Theodora prayed to God to forgive her husband during the first week of Great Lent; and on the First Sunday of the Fast, she led the way in hanging up the icons to adorn the churches. O invariant Icon of the Father, through the intercessions of Thy holy Confessors, have mercy on us. Amen.

# St. Basil Liturgy Megalynarion

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

إنَّ البَرايا بِأَسرِها، تَفرَحُ بِكِ يا مُمتَّلِئَةً نِعمَةً: مَحافِلَ المَلائِكَةِ، وَأَجناسَ البَشَر. أَيَّتُها الهَيكُلُ المُتَقَدِّس، والفِردَوسُ النَّاطِقُ، فَخرُ البَتولِيَّةِ مَريَم، التي مِنها تَجَسَّدَ الإلَهُ، وصارَ طِفلًا، وَهو إلَهُنا الذي قَبلَ الدُّهور. لِأَنَّهُ صَنَعَ مُستَودَعَكِ عَرشًا، وَجَعَلَ بَطنَكِ أَرحَبَ مِن السَّماوات. لِذَلِكَ يا مُمتَلِئَةً نِعمَةً، تَفرَحُ بِكِ كُلُّ البَرايا وَثُمَّجُدُكِ.

# The Synodikon (Confession of Faith) of the Sunday of Orthodoxy

As the prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the Universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ Awarded, thus we declare, thus we assert, thus we preach Christ our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshipping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same

Lord of all and accordingly offering them veneration. (Louder) This is the Faith of the Apostles, This is the Faith of the Fathers, This is the Faith of the Orthodox, This is the Faith which has established the Universe.

إننا كما عاينتِ الأنبياءُ، كما علّمتِ الرسلُ، كما تسلّمتِ الكنيسةُ، كما اعتقدَ المعلمونَ، كما اتفقت آراءُ المسكونةِ معاً، كما أشرقتِ النعمةُ، كما اتضحَ الحقُ، كما انظردَ الكذبُ، كما استعلنتِ الحكمةُ، كما جادَ المسيحُ بالجوائزِ، هكذا نعتقدُ، هكذا نتكلَّمُ، هكذا نكرزُ، مُنذرينَ بالمسيحِ إلهنا المسكونة».الحقيقي، ونكرّمُ قديسيهِ، بالأقوالِ والتأليفاتِ والمعاني والضحايا والهياكلَ والأيقوناتِ. فأما المسيحُ فنسجدُ لـهُ كسيدٍ والمهادِ ونعبدُهُ، وأما القديسونَ فنكرمُهم لأجلِ السيدِ العمومي، كخدام لـهُ أخصاءَ، ونقدمُ لهم السجودَ العسبِ النسبةِ (بصوت مرتفع) هذا إيمانُ الرسلِ، هذا إيمانُ الأباءِ، هذا إيمانُ المستقيمي الرأي، هذا المهانُ قد وطَّد المسكونة.

**PRIEST:** Therefore, with fraternal and filial love we praise the heralds of the faith, those who with glory and honor have struggled for the faith, and we say to the champions of Orthodoxy:

... to the pious emperor Constantine and his mother Helen, to the pious grand prince Vladimir and his grandmother Olga, Equals-to-the-Apostles, to all faithful emperors, empresses, kings, queens, princes and princesses, and to all sovereigns who have defended the Orthodox faith; **May their memory be eternal!** 

... to the most-holy patriarchs of Rome, Constantinople, Alexandria, Antioch, Jerusalem, Moscow, Georgia, Serbia, Romania, and Bulgaria, who have rightly defined the Orthodox faith; **May their memory be eternal!** 

... to the great hierarchs and ecumenical teachers: Athanasios and Cyril of Alexandria, Basil the Great, Gregory the Theologian, John Chrysostom, Methodios and Cyril, Gregory Palamas, Mark of Ephesos, and to all hierarchs and teachers who have rightly taught the Orthodox faith; **May their memory be eternal!** 

... to the martyrs, and to all who have suffered and fallen in the defense of the Orthodox faith; **May their memory be eternal!** 

... to the confessors, and to all the faithful who have fallen asleep in true faith and piety in the hope of the resurrection: **May their memory be eternal!** 

**CHANTER**: May their memory be eternal (3 times).

**PRIEST:** Let us beseech God that we may be instructed and strengthened by the trials and struggles of these saints, which they endured for the faith even unto death, and by their teachings, entreating that we may to the end imitate their godly life. May we be deemed worthy of obtaining our requests through the mercy and grace of the Great and First Hierarch, Christ our God, through the intercessions of our glorious Lady, the Theotokos and ever-virgin Mary, the divine angels and all the Saints. AMEN! (**Now Recite The Creed**)



March 21, 2021

# TODAY EPISTLE READER

English: Caroline Zacur Arabic: Dr. Ferial Jumean



# HOLVED CY D OFFCD INC

	HOLY BREAD OFFERING
TODAY March 21	- Yamil and Salma Zacur For the good health of Zacur and Zedan families
	- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families
	- George Sr. and Zakieh Samaan & family For the 40-day memorial service of the servant of God +Boulos Samaan
	- Monica Maria Achkar Joukeh For the 3 <sup>rd</sup> /9 <sup>th</sup> -day memorial service in memory of her aunt +Rahme Achkar
	- George and Myrna Khouri For the good health of their family especially Taima and Thaer
March 28	- Zena Bardawil Farah In loving memory of Elias and Daisy Bardawil, and William George and Nelly Bardowell
	- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families
April 04	- OPEN
April 11	- OPEN
April 18	- Nasser and Tania Soufia & family For the good health of their family especially Noura, on occasion of her birthday
The Holy Bre	ad and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator

 $of these \ ministries, Mrs. \ Salma\ Zacur, to \ inquire\ on\ scheduling\ and\ requirements.$ 

	11-1 0 1 1 1 1 1	2) 1,21,5			
The Candle remains lit for an entire month on the Holy Altar. There is no fee required to					
	offer the Altar Vigil Candle. The offering order of submission by month).	g is by donation only. Please see schedule below (in			
March	March Mouna Dahlan & Family				
April Mouna Dahlan & Family					
May Mouna Dahlan & Family					
Zena Bardawil Farah in memory of +Emile Farah					
June Mouna Dahlan & Family					
PRAYER LIST					
1	Prayer List of the Living	Prayer List of the +Departed			
Yamil & Saln	na Zacur; Zacur and Zedan families;	+H.E. Metropolitan Philip Saliba			
Majed, Miry,	Wisam, and Tony Barjoud; Bishoy and	+Rahme Achkar			
Christine Han	nna; Aimy Besalis; George Sr., Zakieh,	+Boulos Samaan			
Kim, and Geo	orge Jr. Samaan; The Joukeh and Achkar	+Nasima Habka			
	e Habib; Tony Nahas; Majed Barjoud;	+Archdeacon David Nimer			
	na, Thaer, & Taima Khouri; Duha	+Sameera Ghawi			
	and Kathy Abraham; The Entire Sayfie	+Samira Abou Rjaily			
•	na and Laura Dahlan, Wadih Mabardi,	+Dr. Maurice Bardawil			
•	tti Elias, Aregash Gebriel, George and	+Ibrahim Khoury			
	, Virginia Elias, Gwynn Elias, Dr. Richard	+Michel Husson			
	ris and Deanna Elias, Julian Kazal, Jean	+Michael Dahlan			
	Dababneh, Martha Alfonso, Tala Ayyad,	+Dr. Eugene Sayfie			
Kiwan Khour	y; Mary Bikhazi, Najat Zacur, Marwan	+Jorge Diab Zacur			

# May Their Memory be Eternal!



Farah, Reemah Khouryieh, Yolanda Warwar-Feanny,

Salam Al-Issa, Rita Zaidan, Sharon Lynne Ostrowski,

Daniel Martel, & Elsa La Hoz de Merino.

# Condolences and Memorials



+Kareem Zakharia

فليكن ذكرهم مؤبداً!

Today:

A 3<sup>rd</sup>/9<sup>th</sup>-day memorial service in memory of the handmaid of God +**Rahme Achkar** will be offered by her niece Monica Maria Achkar Joukeh & family.

And also, 40<sup>th</sup>-day memorial service in memory of the servant of God +**Boulos Samaan** will be offered by his son George Samaan Sr. & family.



Palm Sunday

Great and Holy Pascha

Today:

# Cathedral Calendar

Sunday School (Pre-K to 1st) via ZOOM

Sunday School (2<sup>nd</sup> to 6<sup>th</sup>) via ZOOM

Sunday School (7<sup>th</sup> to 12<sup>th</sup>) via ZOOM

Orthros (Matins)

Divine Liturgy

Orthodoxy Sunday (Procession with İcons)



10:30 a.m.

1:30 p.m.

1:30 p.m.

1:30 p.m.

<u>April 25<sup>th</sup>, 2021</u>

May 02<sup>nd</sup>, 2021

After Liturgy

<u>Mon., Mar. 22</u>	صَلاة النَّوم الكُبرى Great Compline Service	<u>6:30 p.m.</u>
<u>Tues., Mar. 23</u>	Arabic Classes - Adults (New Students)	7:00 p.m.
	Orthodoxy 101 (Virtual Class for Catechumens)	<u>8:00 p.m.</u>
Wed., Mar. 24	Great Vespers for the Feast of the Annunciation	6:30 p.m.
<u>Thur., Mar. 25</u>	Feast of the Annunciaiton Vesperal Liturgy	6:30 p.m.
Fri., Mar. 26	<u> 2nd Akathist Service</u> صلاة المديح	6:30 p.m.
	SOYO Ask Abouna & Meeting	7:30 p.m.
Sat., Mar. 27	Arabic Classes - Adults (Returning Students)	9:00 a.m.
	<u>Arabic Classes - Children (Returning Students)</u>	<u>10:30 a.m.</u>
	Arabic Classes - Teens (New/Returning Students)	<u>) 4:00 p.m.</u>
	Great Vespers	5:00 p.m.
	Save the Date!	

GREAT LENT 2021 SCHEDULE OF SERVICES							
SUNDAY OF ORTHODOXY							
Monday March 22	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.				
Wednesday March 24	Great Vespers for Annunciation	(صلاة الغروب)	6:00 p.m.				
Thursday March 25	Feast of the Annunciation	(صلاة الغروب لعيد البشارة)	6:30 p.m.				
Friday March 26	2nd Akathist	(صلاة المديح)	6:30 p.m.				
Saturday March 27	Great Vespers	(صلاة الغروب)	5:00 p.m.				
	SUNDAY OF ST. GREGORY (	OF PALAMAS					
Monday March 29	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.				
Wednesday March 31	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 p.m.				
Friday April 02	3rd Akathist	(صلاة المديح)	6:30 p.m.				
Saturday April 03 Great Vespers		(صلاة الغروب)	5:00 p.m.				
SUNDAY OF THE HOLY CROSS							
Monday April 05 Great Compline Service		(صَلاة النَّوم الكُبرى)	6:30 p.m.				
Wednesday April 07	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 p.m.				
Friday April 09	4th Akathist	(صلاة المديح)	6:30 p.m.				
Saturday April 10	Great Vespers	(صلاة الغروب)	5:00 p.m.				
SUNDAY OF ST. JOHN CLIMACUS							
Monday April 12	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.				
Wednesday April 14	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 p.m.				
Friday April 16	Great Akathist	(صلاة المديح الكبير)	6:30 p.m.				
Saturday April 17 Great Vespers		(صلاة الغروب)	5:00 p.m.				
	SUNDAY OF ST. MARY O	FEGYPT					
Monday April 19	Great Compline Service	(صَلاة النَّوم الكُبرى)	6:30 p.m.				
Wednesday April 21	Presanctified Liturgy	(القُدُسات السَّابق تَقْدِيسُها)	6:30 p.m.				
Friday April 23	Canon of St. Lazarus	(قانون العازر)	6:30 p.m.				
Saturday April 24	Lazarus Saturday	(سَبْت العازر)	10:00 a.m.				
	Great Vespers	(صلَّاة الغروب)	5:00 p.m.				

# **OUR JOURNEY TO PASCHA! 2021**

Created by Fr. Jonathan Bannon (ACROD)

### **SUNDAYS**

### THEMES / GOSPEL READING

### **HOW TO PARTICIPATE:**

1st Sunday of Lent

**MARCH 21st** 

2nd Sunday of Lent

MARCH 28th



AT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Epistle: Hebrews 11:24-26, 32-12:2

Gospel: John 1:43-51

ST GREGORY PALAMAS

Hebrews 1:10-2:3 Epistle: Gospel: Mark 2:1-12

Bring an icon to church for a procession.

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer

each day this week.

3rd Sunday of Lent



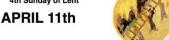
VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!

Hebrews 4:14-5:6 Epistle: Mark 8:34-9:1 Gospel:

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent



ST JOHN of the LADDER Hebrews 6:13-20 Epistle:

Gospel: Mark 9:17-31 Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent **APRIL 18th** 



ST MARY of EGYPT

Epistle: Hebrews 9:11-14 Mark 10:32-45 Gospel:

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

Place your palm branches

FLOWERY (PALM) SUNDAY!

APRIL 25th GREAT WEEK BEGINS



GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Epistle: Philippians 4:4-9 Gospel: John 12:1-18

and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY



**GREAT AND HOLY FRIDAY** JESUS DIES ON THE CROSS

CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

**FEAST OF FEASTS!** 

MAY 2nd NO FASTING! **BRIGHT WEEK** 

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before

good morning and goodnight!

# Great Lent last

During the Great Fast, we abstain from meat, poultry, eggs, dairy, fish, wine, and -in some monastic traditions- olive oil Monday through Friday, with katalysis (or slight relaxation of the fasting regimen) for wine and olive oil on Saturday and Sunday.



Archbishop of New York and Metropolitan of All North America

# ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

March 21, 2021

### To Be Read from the Pulpit and Printed in the Bulletin

Reverend Fathers, Esteemed Members of the Parish Council, and Beloved Faithful:

Greetings and blessings to you in the Name of Our Lord, God, and Savior Jesus Christ!

I pray that, having completed the first week of the fast, you have been strengthened by the beautiful services and fasting discipline in order to complete the rest of this holy journey.

When we wrote this appeal to you last year and celebrated the Sunday of Orthodoxy, who knew that just over one week later our world as we know it would change and, for the first time in a century we would have to endure the consequences of a world-wide pandemic and restrict access to our churches during this most holy season. What we hoped would be a short period of suffering has lasted for an entire year. While there are many signs of hope we remain vigilant, but nevertheless are thankful that we can participate liturgically in the Fast this year in person. I encourage you therefore, to come back to the Church if you have been missing, being mindful and careful, but also realizing that it is time to return home to the cradle of the Church.

Having said that, we remind you that it is been a long-standing tradition in our archdiocese to give scholarships to our seminarians studying for the priesthood. We are blessed this year to have 19 seminarians studying in three seminaries (St. Vladimir's, St. Tikhon's and Holy Cross). More than ever, these young men (and their families in many cases), have had to endure so much this past year including being locked down on campuses, unable to travel to our parishes for training, attending classes virtually, and missing out on the full liturgical life of the Church that is so necessary to their priestly formation while at seminary. Let us show our love and appreciation for this sacrifice by at least making sure they can start their ministry to you and your families without the added burden of great debt from seminary. Please give generously so we, in turn, can continue to be generous with them. Believe me when I tell you that they are deeply grateful for this expression of love.

Wishing you all a blessed journey that will help lead us to the heavenly kingdom, I remain,

Your Father in Christ,

+JOSEPH

Archbishop of New York and Metropolitan of all North America

Netropolitan Joseph\_



# SAINT GEORGE CATHEDRAL TEEN SOYO

# SPIRITUAL DISCUSSION & GENERAL MEETING

Friday, March 26, 2021

Immediately following the Akathist Service @ 6:30PM In the Cathedral Hall

As per CDC Guidelines, Masks And Social Distancing Required

SOYO@StGMiami.org | 305.444.6541 320 Palermo Avenue, Coral Gables, FL



# Saint George Antiochian Orthodox Cathedral سكاتدرائية القديس جاورجيوس للروم ألأرثوذكس

# Join us Via Zoom

Antiochian Women Retreat for the Feast of the Annunciation

With Guest Speaker V. Rev. Fr. Kamal Al-Rahil, Pastor of St. George in Jacksonville, FL



Topic: The Virgin Mary in Scripture and Icons

Date: Wednesday, March 24, 2021

Time: 8:00 p.m.

OPEN TO ALL WOMEN

ZOOM INFORMATION WILL BE PROVIDED VIA EMAIL AND TEXT

2021 Saint George Cathedral Paschal (Easter) Bake Sale Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida Delicious Middle Eastern Pastries

# ADVANCE ORDER FORM

# ORDERING DEADLINE: Sunday, April 11, 2021

PICK-UP DATE: Saturday Night, May 1, 2021 (After Paschal Service Blessing of Baskets)
Sunday Afternoon, May 2, 2021 (After Agape Vespers Service)

Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total	
Paschal Basket	\$50			
Mammoul Dates Delectable date stuffed buttery cookie.	\$22			
Mammoul Nuts Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	\$22			
			Total:	

### Ordering Deadline: will be Sunday, April 11, 2021

ALL PASTRIES ITEMS FREEZE WELL!

TO ORDER: Please mail check payable to "St. George Cathedral" with order form to: St. George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name:		
Phone: (	)Email Address:	

# PASCHAL BASKET ITEM DESCRIPTION

On paschal night we bring a wicker basket full of food we abstained from during Great Lent. After the midnight Paschal Liturgy, we all gather together to bless the Paschal baskets and enjoy breaking the fast. We light the candles and the priest offers the special Paschal Blessing to celebrate the Resurrection of Christ! These baskets have been prepared with many of the foods from which we've been fasting during Great Lent. Several foods are traditionally included in the basket: yeast bread, wine, cheese, Sausage, Mamoul Nuts and Dates, Kaak Bihalib and a red eggs. Each item in the basket has symbolic meaning.



<u>Paschal</u> – The Easter Bread, a sweet, yeast bread, rich in eggs and butter. Symbolic of Christ Himself, who is "the Bread of Life." John 6:35. This bread is usually a round loaf baked with a golden crust and decorated with a cross.



<u>Cheese</u> - Remind us of the Promised Land, re-opened to us by Christ's Resurrection and which "land" we find in the Church, "a land of milk and honey." Exodus 3:17



<u>Sausage</u> – a spicy, garlic sausage of pork products indicates God's favor and generosity. Smoked and fresh kielbasa are customarily in the basket.



<u>Hard Boiled Eggs</u> — As the chick emerges from the confinement of the shell, so Christ resurrects from the tomb. St. Mary Magdalene appeared to Tiberius Caesar and greeted him with a red egg and the words, "Christ is Risen!" As we crack our hard-boiled eggs on Easter, it is traditional for two people to crack them together. The first says, "Christ is Risen!" and the second replies, "Indeed, He is Risen!"



Cover- These articles are placed in a sizable wicker basket and a light colored or pastel ribbon Is tied to the handle. A decorated candle Is included In the basket along with the foods and Is lighted at the time of the blessing and during the Resurrection meal. A linen covering usually embroidered with the Resurrection of Christ or with symbols or words, «Christ Is Risen!» Is placed over the food basket as a protective and decorative cover when it is brought to be blessed.



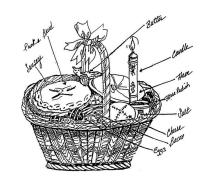
<u>Mamoul Dates</u>- It symbolized the crown of thorn they put on top of Christ's head.

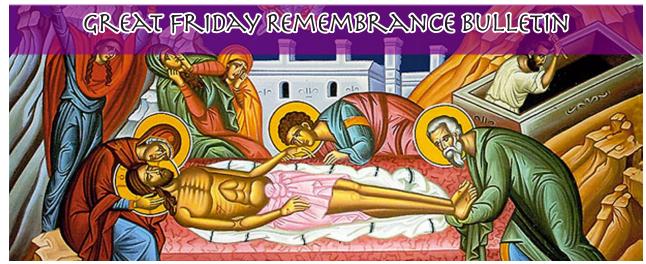
Mamoul Nuts- It symbolized the tomb where Christ

<u>Mamoul Nuts</u>- It symbolized the tomb where Christ was buried and resurrected from.



Wine-Represents the blood of Christ.





On Great and Holy Friday, as the Church commemorates the suffering, crucifixion, and burial of the Lord Jesus Christ, the Church anticipates the Resurrection of the Lord and those whom God will raise up — all your loved ones departed this life. On this Great and Holy Friday (celebrated on April 30), the Antiochian Women of the Cathedral will publish the Great Friday Remembrance Bulletin commemorating the names of all your loved ones departed this life and who have fallen asleep in the Lord. To have the names of your departed loved ones who have fallen asleep in the Lord included in the Great Friday Remembrance Bulletin, please complete the information below and return it to the Cathedral Office with your donation no later than Thursday, April 22, 2021.

\*\*\*Your departed loved ones, whose names you include below, will be remembered at the Holy Saturday morning Liturgy on Holy Saturday, May 1, 2021, at 9:00 a.m.\*\*\*

Enclosed is my agnation in the amol	INT 0T Φ
Family Name:	
Please print the names of your de Remembrance Bulletin:	parted loved ones below as you wish them to appear in the Great Friday
Mailing Address:	•
Telephone Number	Fmail Address

# Basic Church-life Needs

A very natural and loving manner in which Orthodox Christians can participate in the life of the Church is by simply providing even the most basic items. If we provide our own home with the necessities, how much more should we take care that the House of God is properly supplied? This is not to replace monetary stewardship but rather a beautiful opportunity to keep The House of God, in all aspects of our life, the top priority. Please consider, the next time you are buying for yourself, to also buy for God's house:

ITEMS	APPROXIMATE DONATION VALUE	STATUS
Candles for Lenten Season	\$250	OPEN
Sacramental Wine	\$350	DONATED
Flowers Week 1	\$65	DONATED
Akathist Icon Theotokos	400	DONAILD
Flowers Week 2	\$65	OPEN
Akathist Icon Theotokos	400	OI LIV
Flowers Week 3	\$65	OPEN
Akathist Icon Theotokos	400	OI LIV
Flowers Week 4	\$65	OPEN
Akathist Icon Theotokos	400	OI LIV
Flowers Week 5	\$65	DONATED
Akathist Icon Theotokos	400	DOMATED
Sunday of the Veneration of The Holy Cross	\$70	OPEN
Palm Sunday Palms	\$220	DONATED
Olive Oil - Holy Wednesday	\$20	DONATED
Wreath Flowers	Any amount is welcomed	OPEN
Holy Thursday	Ally allibulit is welcollied	OI LIV
Holy Friday Flowers (Bier)	Any amount is welcomed	OPEN
Ribbons: Holy Friday/Pascha	\$50	OPEN
Bay Leaves	\$95	DONATED
Holy Saturday Morning	ψ 90	DONATED
Paschal Lillies	\$100	OPEN

To donate towards one or more of these items, please contact Mrs. Yolla Hayek or Fr. Joseph.



# Saint George Antiochian Orthodox Cathedral

520 Palermo Avenue, Coral Gables, FL 53154
Phone: (505) 4444-6541 Fax: (505) 445-6550
Email: Office@StGMiami.org Website: www.StGMiami.org



### 2021 Stewardship Commitment Form

"So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver." (II Corinthians 9:7)

Please co	nsider "prayerfully and	ASSESSED AND THE SECOND AND THE		ip Commitment.
	de for God's blessings, I/v	And the second s		NAME OF TAXABLE PARTY OF TAXABLE PARTY.
□ \$20/We (\$1,040 A	ek	S50/Week (\$2,600 Annually)	\$100/Week (\$5,200 Annually)	Other \$/Week (\$Annually)
б: Please coi	nplete Payment Inform	nation below		
Payment	Options: (please select o	otion A, B, or C)		
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# Thank you for your generous support and growing the Saint George Cathedral Family!!! Saint George Antiochian Orthodox Cathedral, Coral Gables, FL 62 Stewardship Commitments received as of March 17, 2021

eping our records accurate is important to u	If you have not already done so, please complete and submit a 2021 Stewardship Form- keeping our records accurate is important to us.  Any errors above please contact the Church Office	If you have not already done so, ple
Mr. & Mrs. Michael and Edilia Zammar	Mr. & Mrs. Michel and Mary Nasr	
Mr. & Mrs. George and Naife Zammar	Mr. Sammy Mounayyer	Mrs. Zena Bardawil-Farah
Mr. & Mrs. Antoine and Vivian Zammar	Mr. & Mrs. Salem and Hannan Mounayyer	Mr. Wajdy Fahel
Mr. & Mrs. Yamil and Salma Zacur	Mr. Afram Mirza	Mrs. Salam Exeni
Mr. & Mrs. Yousef and Reem Yazji	Mr. & Mrs. Michael and Tatiana Malouf	Mr. & Mrs. Said and Lama El-Haj
Mrs. Amleset Tekle	Mr. & Mrs. Eddie and Maha Mabardi	Dr. & Mrs. Richard and Susan Elias
Ms. Noura Soufia	Mr. & Mrs. Vladimir and Carmen Kostik	Mr. and Mrs. Elias and Ernestine Ede
Mr. & Mrs. Nasser and Tania Soufia	Mr. George Mayez Khoury	Mr. Douglas Ede
Ms. Gianna Marie Soufia	Mr. & Mrs. George & Widaa Khoury	Mr. Abdallah Daiha
Mr. Michael Snavely	Drs. Hani and Ferial Jumean	Mrs. Mouna Dahlan
Mr. & Mrs. Souheil and Jacquline Skaf	Mr. & Mrs. Osama and Nadia Jahjah	Dr. & Mrs. George and Mary Bizhazi
Mrs. Marie Shaleesh	Mr. Farid Jahjah	Mr. & Mrs. Russell and Helene Bassett
Mr. & Mrs. Oscar and Carol Seikaly	Mr. Bassem Jadon	Ms. Rima Bardawil
Mr. & Mrs. Wayne and Tara Elias Schuchts	Mrs. Shirley Husson	Sdn. & Mrs. Elie and Theresa Bardawil
Mr. Justin Sayfie	Dr. & Mrs. Donald and Marti Howard	Mrs. Jacqueline Barakat-Wanna and Family
Mrs. Judith Sayfie	Mr. & Mrs. Mikhael and Yolla Hayek	Mr. & Mrs. Marcos Aguiar and Jennifer Bandi
Ms. Jannet Salman	Mr. & Mrs. Muazzi and Michelle Hatem	Mr. & Mrs. Elie and Mela Attie
Mr. & Mrs. Richard and Karen Razook	Mrs. Amal Hakim	Mr. & Mrs. Emil and Lillian Asha
Mr. & Mrs. Charles & Diana O'Brien	Mr. & Mrs. John and Lisa Haddy	Mr. & Mrs. Atalla and Andrea Abu-Akel
Mr. Roger Nimer	Ms. Jamal Habib	Mr. Alex Abu-Akel
Mr. & Mrs. Antoine and Hiam Nahas	Mr. & Mrs. George and Tabte Habib	Fr. Joseph and Khourieh Carol Abouid

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# Food for Hungry People 2021 47<sup>th</sup> Anniversary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MARCH 15 How many clocks do you have in your home? Deposit .25 for each in your Food for Hungry People Box because "time" is running out for those who are starving.	16 "Put a little love in your heart," get FFHP off to a good start. Put in a dime for all the "loves" in your life.	17 Count the number of Bibles in your home and deposit .50 for each, because Jesus said, "I was hungry and you gave me food."	Count the number of soda cans or water bottles in your home. Put in .15 each, because Jesus said, "I was thirsty and you gave me drink."	19 How many tablets do you own? Deposit .25 each. Tablets can be a means of communication. Let's communicate our love for the hungry.	20 Count the number of steps (inside and outside) of your home. Pay .10 for each step. Help the hungry "step" into a new future.
21 How many mirrors are in your home? Pay .15 for each. Let your "mirror" reflect the image of one who cares.	Count the locks in your home. Pay .20 for each lock. Let's "unlock" the door that gives hope to the hungry.	How many rings do you have? Deposit .15 per ring. This will help us b"ring" food to the hungry!	24 How many eggs are in your refrigerator? Pay .15 for each. Hungry people have to "scramble" for their food.	25 How many doors does your home have? Pay .20 for each. Help open a "door" to a better future for the world's hungry.	26 Have everyone in the family deposit all the loose change they have in their pockets or purses. It makes "cents" to help the hungry	How many electrical outlets are in your kitchen and living room? Pay .15 each. You'll get a "charge" out of feeding the hungry.
"Button up your overcoat" - so simple to do. They are not only hungry but very cold too. Deposit .50 for each coat in your home.	For every cellphone in your home, pay .30. It is "long distance" to hungry areas in most parts of the world. Let's make it a toll free number.	30 How many extension cords do you have in your home? Pay .25 for each. Let's "extend" a helping hand to those who need it.	31 For each pie or cake in your home, deposit .40. We should never "dessert" the hungry.	April 1 How many Apple products do you own? For every one deposit .35. Let's never "tune out" the hungry.	For every salt and pepper shaker, pay .25. Let's all "sprinkle" their lives with a little seasoning.	For every TV show that was watched today pay .35. TV helps us see around the world, this money will help us feed the hungry around the world.
4 How many computers do you own? Pay .30 for each. Let's take a "byte" out of hunger!	5 How many pictures do you have on your walls? Just "picture" yourself without food & deposit .15 for each picture.	Pay .30 for each pair of contacts or eyeglasses you have. This will help us "see" clearly the need of caring for the hungry.	7 Do you have musical instruments in your home? Pay .75 for each. This is a "key" to sharing and caring.	8 How many phone chargers can you find in your home? Pay .25 for each. You'll get a "charge" out of helping the hungry.	9 Count your tea or coffee cups and deposit .10 each. Our "cup" runneth over, so let's fill theirs.	10 "I've got my love to keep me warm," that's true, but the hungry have only you. Pay .15 for each blanket in your home.

"Hey Big Spender" drop a coin in the slot - give unto others what they haven't got! Put in a coin or bill of your choice.	19 How many heads of lettuce are in your refrigerator? Pay .30 for each. "Lettuce" show the hungry that we care.	20 Count the cans in your cupboard. Pay .05 for each. Don't let their cupboards be like "Old Mother Hubbard's!"	21 How many friends do you have on Facebook? Pay .05 for each friend. Let's be-"friend" those in need.	How many sweaters do you have? Pay .10 for each. Sweaters keep you warm. This is one time they won't mind if we "pull the wool over their eyes."	How many chairs are in your home? Pay .15 per chair. We can't just "sit" around when so many people are hungry.	24 How many cookbooks do you own? Pay .20 for each. We will be able to "cook up" a better recipe for the hungry to live by.
How many eggs are you going to color for Pascha? Pay .05 for each. Let's help "color" their world with love!	26 "Brother can you spare a dime?" or maybe two? The FFHP program really depends on you. Put your dimes in the box.	27 How many songs are on your playlist? Pay .05 for each song. Let's make this a "record- breaking" year for FFHP!!!	How many songs have you listened to today? Pay .15 for each. Let's stay "in tune" with the hungry.	How many crosses do you have? Pay .15 each. Crosses remind us of Christ's suffering, let's not make the hungry suffer anymore.	"A dream is a wish your heart makes," and our dream is for hunger to stop. For the wish that we are wishing, is for FFHP program to go over the top!	May 1 We pray you have been generous in your almsgiving. "For inasmuch as you have done it unto the least of these my brethren, you have done it unto ME!"
<b>Coir</b> Please rem return the	u <b>ngry People</b> 1 <b>Box!</b> ember to		the poor lends to the	the Lord, and he will Proverbs 19:17	FOHUPE	OD R INGRY OPLE
			1.7			

11

car.

How many cars

family? You can't

hungry, but you can af"Ford" to

pay .50 for each

are in your

"Dodge" the

12

"Day by day," from

Hunger knows no

hour - nor if it's

day or night. Pay

.20 for each lamp

in your home.

dawn till night,

13

How many

cameras do you

each. This will

"negatives"

positives.

help us make all

have? Pay .30 for

14

Pick up all the

loose change

laying around the

house. Put it in

your FFHP Box.

make a "change"

This will help

in the world!

16

How many

members are in

your family? Pay

.20 for each. The

families to feed

also; let's make

this a real "family

hungry have

affair!"

Count the scissors

you have in your

home and pay .25

for each pair. Let's

"cut-out" the

hunger in

hunger-y!

17

How many towels

are in your home?

may help us "wipe

out" hunger for all

If you pay .05 for

each towel, this

people.



Saint George Cathedral



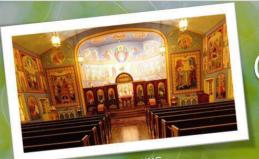
THE SUNDAY SCHOOL AND ANTIOCHIAN WOMEN ARE PARTNERING FOR THE ANNUAL

# LENTEN HUMANITARIAN DRIVE

Please donate nonperishable food items to help multiple charities like Feeding South Florida and Pack the Pantry.

DROP OFF FOOD ITEMS AT SAINT GEORGE CATHEDRAL UNTIL GOOD FRIDAY, APRIL 30, 2021.

320 Palermo Ave Coral Gables, FL | 305.444.6541 | SundaySchool@StGMiami.org



FEATURING
ONLINE GAMES
AND SPIRITUAL TALKS!

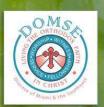
JOIN US FOR OUR ANNUAL

# CYBER SPRING RETREAT

Saturday April 10, 2021 2:30 et / 1:30 ct pm

"Delight in The Lord; and He will give you the requests of your heart."

- Psalm 36:4





GUEST SPEAKER
TED WERTHMULLER



BISHOP NICHOLAS

PRESIDING



# We will be joining the Cyber Spring Retreat Live from the Cathedral Hall!

Physical Distancing and Face Masks Required!





Standing still in a fast paced world ~Psalm 46:10

SH. GAIL HYATT

ZOOM SPEAKER

Saturday April 17, 2021 9 - 11 a.m. EST

REGISTER @ http://tiny.cc/AWLenten2021

Antiochian Women - April 17, 2021 Registration:

http://tiny.cc/AWLenten2021





with His Grace, Bishop NICHOLAS!

Every Sunday 3pm ET/2pm CT



Join the DOMSE Band Channel:

https://band.us/@domse





# Contact Information



Office Hours: Monday 11:00 a.m. - 3:00 p.m.

Tuesday - Friday 9:00 a.m. - 3:00 p.m.

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Webmaster@stgmiami.org

Website: www.Stgmiami.org

For Pastoral Emergencies, please call or text:

Fr. Joseph Hector Abouid at (708)415-7050

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